

Daylight Savings
Time Ends Sunday,
Fall Back One Hour

Island Sun

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VOL. 23, NO. 19

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 30, 2015

OCTOBER/NOVEMBER SUNRISE/SUNSET: 30 7:36 • 6:48 31 7:37 • 6:48 1 6:37 • 5:47 2 6:38 • 5:46 3 6:38 • 5:45 4 6:39 • 5:45 5 6:40 • 5:44

'Ding' Days Amateur Photo Contest Winners



First place was awarded to Kent Jager's *Bath Time*



Second place went to Matthew Ryan McFarlane's *Why Did the Heron Cross the Road?*

“Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) announced the winners of its 28th annual “Ding” Darling Days Amateur Nature Photography Contest at a special Conservation Art Day presentation in the Refuge Visitor & Education Center, part of the weeklong “Ding” Darling Days celebration on Sanibel Island.

Earlier, on October 7, judges had selected 13 winners out of 76 entries from 14 states, Switzerland, England and Italy. Ties and gridlocks made for an exciting contest. All photographs entered were shot at JN “Ding” Darling National Wildlife Refuge on Sanibel.

First place went to Kent Jager of Sanibel for his white pelican portrait. Contest judge Judie Zimomra, Sanibel city manager said, “The reasons for my choice were the clarity and technical quality of the photo, the impact of light and action on the subject, and the difficulty to capture the photo.”

Matthew Ryan McFarlane from Dallas, Texas, took second place with a shot of a yellow-crowned night heron. “I loved this photo because the personality of the ‘teenager’

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Fabio Morescalchi by the sand castles he and his wife, Jackie, made on the beach

Happy Halloween

Fabio and Jackie Morescalchi were in the Halloween spirit while on vacation and created two sand sculptures on the beach by Sanibel Surfside (near Donax Street). The Morescalchis were visiting from Minnesota.✧

Shell Museum Celebrates 20 Years With Community Events

The Bailey-Matthews National Shell Museum opened on November 18, 1995 – 20 years ago. The shell museum invites the community to celebrate this special anniversary at two public events.

On Saturday, November 14 from 10 a.m. to 5 p.m., the museum will host a Free Admission Day due to the generous support of local businesses: The Sanibel-Captiva Rotary Club, Bailey’s General Store, Bank of the Islands, BeachPiez, Brightstreet Group, Jensen’s Marina, The Sanibel-Captiva Trust Company, She Sells Sea Shells, Sanibel Air and Electric, Sanibel Sweet Shoppe, Thistle Lodge at Casa Ybel, Trophy Case and Sanibel Plumbing.

The day will be filled with family-friendly activities including scavenger hunts, hourly live-tank demonstrations, and arts and crafts projects. Birthday cake by Bailey’s General Store will be served beginning at 11:30 a.m. until it runs out. And each visiting family will receive a special birthday gift to take home (while supplies last).

On Thursday, November 18 from 5:30 to 7 p.m., the museum staff invites everyone who has been a donor, volunteer, trustee, employee or supporter to join in the 20th anniversary open house, celebrating the fun, challenges and many changes that have occurred over the last two decades. Bring your photos, stories and tales of years past to share. Refreshments will be served.

“For our birthday we’ve decided to give a gift back to our community – we’re grateful for the support of our many friends who make everything we do possible,” said Dorrie Hipschman, executive director of the museum. “Let’s take some time before “season” arrives to celebrate the past and envision the future.”

Satellite parking and shuttle will be available at SCCF for both events.✧

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Captiva Community Panel Offering Welcome Back Cruise

The Captiva Community Panel invites you to join a Welcome Back To Captiva Sunset Cruise, with cocktails and hors d'oeuvres served aboard the *Lady Chadwick*. The Captiva Community Panel's sunset cruise provides you opportunity to meet your neighbors, renew friendships and converse about our beloved Captiva Island.

The cruise will set sail on Monday, November 2, boarding at 4:30 p.m. at McCarthy's Marina, 11401 Andy Rosse Lane, and returning around 6:30 p.m. The sunset cruise is compliments of Captiva Cruises, and food and beverages compliments of Tween Waters Inn and McCarthy's Marina.

Your donation of \$100 (or more) per person will reserve your place aboard at this special event. Credit card reservations can be made by calling 489-2616 or you can mail your check (payable to the Captiva Community Panel) to P.O. Box 72, Captiva, FL 33924. Seating limited; availability based on receipt of donation.

Upcoming meetings include:

- Captiva Community Panel – Captiva Plan update workshop on Tuesday, November 10 in the morning (exact time to be determined).
- Captiva Erosion Prevention District – Monthly board meeting on Tuesday, November 10, at 1 p.m.*

Attention Sanibel-Captiva Gardeners

The first meeting of the Master Gardener Lecture Series (the 74th program) will be held on Thursday, November 12 at 10 a.m. at the Sanibel Public Library, 770 Dunlop Road. The topic is Care and Fertilization of Palms. This is a timely topic, since Sanibel has experienced an extremely wet summer,

which means leaching out most nutrients in the soil. Fertilizer ordinances on Sanibel allow application from October 1 through June 1. Many palms are exhibiting signs of nutrient deficiencies on the island.

Palms are the iconic tree of Florida and Sanibel has many different varieties and species – some native but others from many parts of the world. They contribute beauty and character to the island. Contrary to a widely accepted urban legend, palms are low maintenance and require little care. Don't take your palms

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Landmark:

The Fisherman's Lodge, 1944



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Santiva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is The Fisherman's Lodge after the 1944 hurricane. Over the years, before it completely burned down in 1948, the Lodge was also known as The Bayview Hotel, The Captiva Hotel and The Captiva Lodge. It was built in 1915 and located at the corner of Old Lodge Lane and Binder Drive. Many photos like this (that capture the unique and diverse history of Captiva) are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva.

photo archives of the Captiva Island Historical Society

Island Paws Annual HOWL-O-WEEN Bash

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Historical Village Welcomes Visitors As Season Begins



Museum manager Emilie Alfino with volunteers Robin Coleman, Nancy Siegel and Ann Rodman in the revamped museum store

Hundreds of people visited the Sanibel Historical Village last week as season got under way. “It’s a great start to what promises to be an exciting year,” said Emilie Alfino, museum manager. “There are some changes at the village this year. In addition to expanded hours, our museum store has a new scope with a strong focus on history-related and educational items.” The village also has new walkways to enhance visitors’ experience, and the Shore Haven visitor center has been reconfigured to provide more space for programs. Coming this year are four Twilight Talks, a Luminary event, Calusa Day and Lighthouse Day.

New volunteers are always needed at the village. Interested people are encouraged to call 472-4648.

“Our volunteers serve in a wide variety of areas, so anyone can find an enjoyable place in our village family,” Alfino said.

The first docent training session is scheduled for Monday, November 9 from 9 to 11 a.m.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to all buildings. Admission is \$10 for adults (18 and over). Members and children are free. For more information, call 472-4648 during museum hours or visit www.sanibelmuseum.org.

MOAA Dinner Meeting To Be Held November 9

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held on Monday, November 9 at Crown Colony Golf and Country Club beginning at 5:45 p.m.

The guest speaker will be Carrie Kerskie, an expert on identity theft and fraud. She is an author and serves as director of the Identity Fraud Institute at

Hodges University. She has made appearances on local and national network TV news shows.

Former, retired or active duty uniformed officers who are interested in joining MOAA should contact Jeff Nichols at 515-720-5204 for membership information.✽

American Legion Post 123

On Sunday, November 1, American Legion Post 123 will serve corned beef and cabbage from 1 to 8 p.m.

On Tuesday, November 3, the Ladies Auxiliary will conduct their meeting at 6 p.m.

On Sunday, November 8, Post 123 will serve narbecue ribs and chicken all day.

8-Ball Pool League play can be seen every Monday at 5 p.m. Come by and watch some great action.

Tuesday’s special is soft shell or deep fried tacos all day. Hump Day specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✽

Historical Village Begins Volunteer Training Soon

As the Sanibel Historical Village starts the season, board and committee members are hard at work preparing a special training program to get new volunteers started and to help current volunteers refresh their memories about the many historical buildings, artifacts and stories to share with visitors.

The first training class will be at 9 a.m. on Monday, November 9 in the village’s Old Schoolhouse and will feature a guided tour through the village. The second training class is 9 a.m. on Monday, November 16, also at the Old Schoolhouse.

As part of the training, museum board members will speak in depth about the village’s buildings as trainees take a tour of the village. Past directors Gayle Pence and Bill Bachman co-chair the training committee.

Training continues for all docents and volunteers throughout the year, as well as regular Docent Updates.

Anyone interested in becoming a



Board members Ellen O’Neill, Dorothy Donaldson, Gayle Pence and Jan Halliday worked on a new, updated Docent Handbook, an invaluable tool full of information about Sanibel history

docent or volunteer should call museum manager Emilie Alfino at 472-4648.✽

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, November 18 is *The Girl on the Train* by Paula Hawkins. This is a physiological page turner following three women who cross paths before and after a gruesome crime. It debuted at number one on *The New York Times* ebook fiction list.

Friday Collage Classes with Bea Pappas – October 30 and November 6, 12:30 to 3:30 p.m. Pappas teaches an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat

board). Members are \$15, non-members are \$20. Call the center to sign up.

Flavors of Matlacha – Wednesday, November 4. Cost is \$36 for tour and lunch. This walking tour will cover history, art, ecology and culinary adventures of Matlacha. What was once an obscure fishing village is now an eccentric and flamboyant artist colony. Participants will receive a goody bag full of discounts and freebies from local merchants, galleries and restaurants. Lunch will be at the Old Fish House Marina, with select menu items. The full length of the trip is 90 minutes.

Meet at the center at 8:15 a.m. Transportation is not included. Transportation is not included. Carpoolers/carpooling arrangements to be made. The registration deadline is Friday, October 30. Paid registration reserves your seat.

Sunset Social on the Causeway – Tuesday, November 10 at 5 p.m.

Enjoy an evening relaxing and watching the sunset with friends. Participants are asked to provide an appetizer to share and bring a beach chair. Call 472-5743 if you are interested in participating and for directions to the viewing area. (weather permitting).

AARP Driver Safety Course – Thursdays, November 12 and 19, 1 to 4 p.m. Course fee \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety

strategies, rules of the road, how to deal with aggressive drivers and other topics to help you maintain confidence in your driving. In addition to making the roads a safer place you, will be eligible for a discount on your auto insurance. Classes will be held at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road. Register by contacting Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Naples Botanical Gardens – Tuesday, November 17. Cost is \$37 for members and \$42 for non-members.

Experience the growing magic of Naples Botanical Garden. Then join the group for a trip to the Naples Zoo to see lions, giraffes, monkeys and more. The trip includes admission to the zoo and guided tour through the botanical gardens. Depart from Center 4 Life at 8:30 a.m. Transportation is not included. Carpoolers/carpooling arrangements to be made. The registration deadline is Friday, November 13. Paid registration reserves your seat.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday Kayaking – and November 3 (weather permitting) at 8:30 a.m. There is space for 16 people on eight

two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Effective November 1, Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used.

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Birthdays, anniversaries, engagements...
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The Community House



Original Community House as it looked in 1927, the year it opened



Community House planned renovation (artist's rendering)

Community House Renovation

The history of Sanibel reflects several strong themes – respect for the past, careful planning for the future, and a spirit of self-reliance. These values have been evident in the island's commitment to conservation and respect for nature. They were also evident when Sanibel residents, resisting overdevelopment, protected the community's small-town character by incorporating the City of Sanibel and creating the Sanibel Plan.

One of the earliest examples of these values was the creation of The Community House, which opened in 1927. Island residents at that time, mostly farmers and fishermen living in isolated and modest homes, saw a need for a central gathering place where they could get together for civic and social activities. Sanibel's residents responded to that need by donating the necessary land, building materials and volunteer labor, and the result was the original Community House structure

located on Periwinkle Way. (The original building had no indoor restrooms, so an outdoor "privy" was also part of the project). The original Community House, now referred to as the North Room, it is recognized on the Register of Historic Landmarks.

Creation of The Community House reflected the forward thinking and self-reliance of Sanibel's early residents. And for the past 88 years, with several expansions over the years (including indoor restrooms), The Community House has continued to serve as Sanibel's town hall and largest public meeting space. Many of Sanibel's organizations got their start there, and the City of Sanibel was born there as citizens gathered in a series of community meetings to plan for and implement incorporation.

Today, The Community House is used by 57 different Sanibel organizations for meetings and activities, and it also hosts social gatherings that are open to all. More than 50,000 people a year come through the doors of The Community

House (not counting private events such as parties, wedding receptions and celebrations of life). Importantly, many nonprofits rely on The Community House to stage their major events and fundraising activities throughout the year.

Unlike most towns, Sanibel's Community House receives no public funding or tax-generated revenues. It is owned by the Sanibel Community Association (SCA), a non-profit 501(c)3 organization, and operated with funds generated from the community through donations, membership dues and user fees.

This season, SCA is preparing for a major renovation of The Community House that will: restore and preserve the historic North Room; redesign and landscape the exterior in a compatible, attractive "old Florida" style; create a more functional open floor plan in interior rooms; expand and update the kitchen, restrooms, lobby and storage areas; and install new electrical, plumbing, HVAC and communications systems. Commenting on the project, Tom Sharbaugh, SCA board president said, "This renovation is long overdue, and it will transform The Community House into an up-to-date gathering place that is an asset to today's Sanibel community and ready to serve its future needs." Construction work is planned for the off-season summer months of 2016.

Cost of the project is estimated to be \$2,000,000. In the coming months, SCA will be conducting a Renovation Fundraising Campaign in the community to raise the funds needed. Campaign co-chair Nicole McHale said, "This is an important island cause, and a way for today's Sanibel residents to emulate our predecessors who created The Community House. It's an opportunity for us to 'pay it forward' for future generations."

In future weeks, SCA will be publishing a series of articles which explore the interesting history of The Community House and provide details about the upcoming renovation.

Family Fall Carnival



Hayrides are a popular fall activity

The Costumes and Candy Fall Carnival is on Saturday, October 31 from 4:30 to 7:30 p.m. This is the 14th year The Community House has presented a safe and fun Halloween experience for the entire family. There will be plenty of candy, games, prizes and crafts, a dining area serving meals at family-friendly prices and Billy's Hay Ride (courtesy of Billy's Rentals) to complete the fall experience.

The Family Fall Carnival isn't just for kids; everyone is encouraged to wear

costumes. Multiple costume prizes will be awarded throughout the night to kids, adults and volunteers. The admission price is one bag of individually-wrapped Halloween candy per family. Over 40 volunteers are needed. Call Salli Kirkland at 472-4919 or The Community House at 472-2155 to volunteer. Sponsors for this year's event are Sanibel-Captiva Kiwanis Club, Billy's Rentals and Billy's Bike Shop. More sponsors are needed. All are welcome to stop by for a howling good time.

Colorful Sips



November 18 Sissi will demonstrate *Little Cottage*

The Community House is hosting evening art and wine parties with local artist Sissi Janku, who will encourage the artist within to complete a masterpiece. The next session will be held on Wednesday, November 4 from 7 to 9 p.m. Member price is \$45, non-members are \$55.

No experience is necessary. All the materials will be provided. Bring your favorite wine and a snack for sharing with fellow artists. This is a relaxed opportunity to create an original work of art.

For a detailed schedule of these and all other painting classes offered by Janku, visit www.sissijanku.com. Her work is on display at Island Style Gallery.

Call 472-2155 for reservations.

Meditation Class



Meditation

Meditation is widely accepted as a pathway to better health and greater happiness. Many people

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"Because of 9/11, Hurricane Charley, and encephalitis outbreaks we always felt the children on the island needed a safe place to have fun on Halloween. Over the past 14 years The Community House has been home to this sharing of community spirit with games, candy and costumes, at our Fall Festival. The bonus is that families and volunteers get to share this spirit with all the kids!," Sally Kirkland



57 Island organizations use The House each year!

www.sanibelcommunityhouse.net



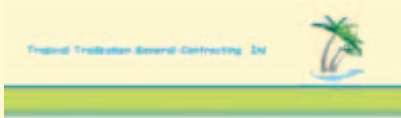
The Children’s Education Center of the Islands would like to thank the following businesses and individuals for their support of our preschool!



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Island Therapy Center



Sanibel-Captiva Conservation Foundation

Gator Tales With Lindsey Hord

Lindsey Hord has just retired as the head of the State of Florida's Nuisance Alligator Program. He has many years of "whopping" good gator and crocodile tales to tell. Hord relocated both of Sanibel's saltwater crocodiles... the one who died in the cold winter of 2009 and the 8.5 foot female that needed a new home on the island that same summer. No one knows better the challenges of Florida's numerous new residents learning to live with these dinosaurs. Don't miss this "real deal" program presented by Florida's real deal alligator expert on Friday, November 6 at 10 a.m. in the SCCF Nature Center, at 3333 Sanibel Captiva Road.

Living With Alligators In The Neighborhood

submitted by Dee Serage-Century, SCCF Living with Wildlife Educator

Granted, learning to live with alligators in the back yard can take some getting used to. But like teaching your kids to not play in the street, there are rules of the road for living with these dinosaurs that apply to freshwater lakes, rivers or streams anywhere in Florida. Removing a gator from your backward does not necessarily make you or your kids safer; there is always another gator to take its place. Safety comes from following the gator rules of the road.

Many island residents enjoy watching gators in their lakes. Making your voices heard in your community is the greatest protection the gators have. But most important of all is making sure no one is feeding alligators in your neighborhood. If the gator supporters want our community to coexist with these ancient creatures, everyone must be bold enough to hold their neighbors, renters and workers accountable. Call the police if you see a gator being fed.

As a neighborhood resident, there is another way that you can help keep your neighborhood safe for humans as well as alligators. Become the Neighborhood Gator Greeter. Make alligators a topic of conversation with your neighbors, especially the new ones. Teach them the gator rules of the road. Encourage them to talk to you about the alligators they have seen. Help them figure out if the gator behavior they observed was just a gator basking in the sun or one displaying behavior dangerous to humans. The more people who watch and understand alligator behavior in the neighborhoods, the safer we and island gators are. SCCF's *Living With Alligators* brochure is available to help you.

If you are interested in becoming a gator greeter or watcher in your neighborhood, call SCCF at 472-2329 and ask for Dee or email dserage@sccf.org.

Working with SCCF, Gulf Pines and Chateau Sur Mer homeowner associations have implemented their own comprehensive neighborhood alligator education. The components of the neighborhood program include:

- "Gator Greeters" to communicate with all new homeowners and renters about living safely with alligators.
- "Gator Watchers" who monitor the behavior of neighborhood gators and are available to answer concerns about alligator behavior.

- Distribution of *Living With Alligators* information packets.

Remember, every alligator over 4 feet long reported to the police – if caught by the state-licensed trapper – is killed, whether the gator is a threat to humans or just basking in the backyard sun. Let's make sure we are only "harvesting" the dangerous ones.



Lindsey Hord relocating the crocodile that died in 2009



SCCF Executive Director Erick Lindblad and Ellen Lindblad, with Wines In The Wild hosts Linda and Tom Uhler

Wines in the Wild

Join the Sanibel-Captiva Conservation Foundation on Saturday, November 14 from 6 to 8 p.m. to celebrate good wine, good food and good friends. This year's Wines in the Wild will highlight a "Sustainable Safari: A Tasting of Environmentally Sound Wines from Around the World." Every year, wine connoisseur Tom Uhler handpicks unique wines that support a fun theme and entice the palate.

Bank of the Islands has graciously returned as the presenting sponsor for the 2015 Wines in the Wild. Advanced reservations are being taken now and can be made by calling SCCF at 472-2329. Cost is \$75 per person in advance or \$85 at the door. Wines in the Wild will be held at SCCF's Nature Center, 3333 Sanibel-Captiva Road on Sanibel.

Held under the stars at the Nature Center, each year the Wines in the Wild event is truly a delight for the senses. An assortment of canapés and a selection of three red and three white wines will be available for imbibing, with both live and silent auctions.

Wines in the Wild always offers the unique experience of reconnecting with old friends and meeting new ones, while supporting a great cause – all with the perfect glass of wine in hand

Living With Honeybees



Keith and Dad Councill, plus a mystery beekeeper at Dee's house

Keith Councill, president of the Florida Beekeepers Association, will present his program with great stories of live bee removals for many years on Sanibel and the rest of Lee County on Wednesday, November 18 at 10 a.m. at the SCCF Nature Center. Councill is a second generation beekeepers located in North Fort Myers. Come and enjoy his bee tales and taste his honey. Other honey will be for sale and tasting before and after the program. This program is free for all to attend.

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ALLIGATOR

Rules Of The Road

- **Never feed an alligator**
- **Keep children and pets away from freshwater edges**
- **Never swim in freshwater lakes**
- **Don't let dogs swim in freshwater lakes**
- **Fence your swimming pool**
- **Instead of mowing grass to lakes edge, plant a vegetation/gator buffer**

Shell Museum's Free Day Sponsors



John Jensen, right, of Jensen's Twin Palm Cottages and Marina, with Paul Gulbrandsen of the Bailey-Matthews National Shell Museum. Jensen's is a returning sponsor for the museum's Birthday Free Day on November 14.



From left, Tamara Joffe of She Sells Sea Shells, Paul Gulbrandsen of the Bailey-Matthews National Shell Museum and Ann Joffe of She Sells Sea Shells. An award-winning family owned Sanibel business since 1976, She Sells Sea Shells offers an eclectic array of shells and exotic sea life including jewelry, books, clothing and handmade shell crafts.

From page 8

Sanibel-Captiva Conservation Foundation

Cruise The Historic Caloosahatchee

Tour the historic upriver Caloosahatchee on a 2.5-hour Caloosahatchee Oxbow & Riverlore Cruise, departing from the W.P. Franklin Lock at 1 p.m. Explore the meanders of the Caloosahatchee back to a time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living amongst the wilderness.

Cruises will be available the following dates: Friday, November 27; Sunday, January 24; Sunday, February 14; Sunday, February 28; Sunday, March 13; Sunday, April 10; and Sunday, May 8.

The 2.5-hour adventure begins by locking through the W.P. Franklin Lock in Olga. Heading east toward Alva, participants enter the historic bends of the river and revisit the activities of the pioneers who traveled the same river to find paradise. Stories of the settlements and their adventures are blended with an understanding of the river's oxbows, the wild creatures that call it home and the challenges the river faces.

Rae Ann Wessel, a river researcher, long-time river advocate, historian and SCCF Natural Resource Policy Director, guides the tour. Our vessel is the stable and spacious

47-passenger *Manatee Rover* pontoon boat that features daily manatee tours. All seats have a great view for photographs and bird watching.

Cruise departs 1 at p.m. for each trip from the W.P. Franklin Lock & Dam off SR 80 in Olga. Private group cruises can be scheduled by appointment.

Advance reservations required and payment is due at time of reservation. Cruises depart at 1 p.m. and return by 3:30 p.m. Tickets are \$45 per person. Please note that reservations must be made by noon Friday, May 6 for the May 8 cruise. Call SCCF at 472-2329. Space is limited.

Call SCCF at 472-2329 for more information. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✱

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Phone # 239-472-1101



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Showroom Hours: 8am-5pm Monday-Friday
Phone # 239-472-1101



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Variance Granted For Reconstructed Boat Dock

by Jeff Lysiak

Continuing their discussion on a variance request to reconstruct a boat dock with a boat lift at a San Carlos Bay Drive property, the planning commission spent more than 90 minutes discussing the revised proposal before rendering a vote in favor of granting the variance.

Two weeks earlier, the variance application – which sought to expand the current dock from 124 square feet to 316 square feet – was held over until Tuesday to allow the city’s planning department to review a revised proposal.

Attorney Steve Hartsell, representing proposed property owners Salvo and Donna Marks, presented a second boat dock design – which sought to expand the accessory to 202 square feet – prepared by Stokes Marine, Inc. However, because the larger dock would extend the existing non-conformity of the property, commissioners noted that they were unlikely to grant that request. Both parties agreed to continue their discussions for two weeks.

During Tuesday’s meeting, Senior City Planner Roy Gibson noted in the staff report that his department had “reviewed the revised proposal extensively,” but could not support making a recommendation to approve the application.

“Although the planning department finds that the applicant’s revised boat/dock lift plan reduces the extent of the lineal encroachment into side yard setbacks, it unreasonably increases the amount of dock surface area encroaching within the side yard setback relative to the existing dock,” the staff report reads in part. “Staff does not find that the applicant has taken all reasonable steps to reduce the amount of the dock area that encroaches into side yard setbacks.”

Hartsell countered that the revised proposal attempted to reduce the amount of non-conformity the dock structure had previously proposed, given that size of the 25-foot wide lot and the Marks’ 28- to 29-foot rear access boat. “We’ve reduced the non-conforming structure as much as possible in order to have a reasonable dock,” he added.

Commissioner Holly Smith, in her assessment of the revised proposal, called the redesign a “vast improvement.”

Fellow commissioner Tom Krekel asked Gibson if he had any suggestions for the Marks in order to support their application. Gibson responded that elimination of one side of the wraparound feature of the dock design would likely accomplish that goal. However, Hartsell opposed making such a revision.

“We’re improving the existing situation from a technical standpoint,” he said. “When you look at what is permissible (320 square feet), we’re proposing something that is substantially less than what is permissible (210 square feet).”

Following some additional debate, commission vice chair Chris Heidrick called for a vote on the application. Asking to gain “a better feel” for which was the commission

might vote, Hartsell asked for a straw poll of the four commissioners. Tom Krekel and John Talmage indicated that they would probably vote yes on the amended boat dock/lift proposal; both Smith and Heidrick stated that they were in favor of the revised plan “by a hair.”

Smith later made a motion to approve the application, adding Gibson’s suggestion that the outer portion of the dock be railed or roped to restrict access, which was seconded by Talmage and approved unanimously. Fellow commissioners Dr. Phillip Marks, Chuck Kettelman and Jason Maughan were absent and excused from the meeting.✽

2016 Beach Parking Permits On Sale Starting November 1

Sanibel residents and property owners can purchase their 2016 Sanibel Beach Parking Permits starting on Sunday, November 1 at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, seven days a week during operating hours. Reminder: Beach Parking Permits will no longer be sold at the Sanibel Police Department.

To qualify for any Beach Parking Permit, please bring a valid vehicle registration for each vehicle and a valid government issued identification. A driver’s license showing a Sanibel address or proof of Sanibel property ownership is required to purchase a resident/property owner “A” sticker. Payment may be made via cash, check, MasterCard or Visa.

- 2016 Parking Permit Decals & Fees (Permits valid through November 30,2016):
- “A” Resident/Property Owner \$12
(Resident and/or Sanibel Ad Valorem taxpayer property owner)
 - “B” Non-Resident Permit \$90
(Non-resident/Non-Sanibel Ad Valorem taxpayer property owner)
 - “C” Restricted Permit \$90
(Resident and Non-Resident)
 - “A/C” Resident/ Property Owner Permit \$102
 - “B/C” Non-Resident Permit \$180
 - Decal Transfer or Reissue Fee \$3 (Residential and Restricted)
 - General Parking Meter Rate \$4 per hour or any fraction
 - General Parking at \$4 per hour or “C” Permit required for parking at Gulfside City Park (Algier’s Beach), Boat Ramp and the Causeway Parking Lot
 - “A” Permit Parking only at Beach Access Lots 1 through 7 on West Gulf Drive.
- The Sanibel Recreation Center is open Monday through Thursday, 6:30 a.m. to 8 p.m.; Friday, 6:30 a.m. to 6:30 p.m.; Saturday, 8 a.m. to 5 p.m.; and Sunday, noon to 5 p.m.

For more information, call 472-0345 or visit www.mysanibel.com.✽



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SanCap Solar Community Meetings Scheduled



Solar Connect committee chair John McCabe, left, and Bailey's General Store co-owner Richard Johnson, third from left, a member of the Solar Connect advisory committee, consult with the Urban Solar team about installation costs for the store

Residents of Sanibel and Captiva islands will be able to realize savings on solar energy conversion through the collective buying power of SanCap Solar Connect, an initiative designed by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). Based on a number of successful initiatives in other states, it is the first-ever community-driven solarize program in Florida.

DDWS will begin hosting informational Solar Community meetings on Tuesday, November 3 at 5:30 p.m. in the "Ding" Darling Visitor & Education Center auditorium. Refreshments will be available. No reservations are necessary to attend the meeting.

Subsequent Solar Community meetings are scheduled at the Visitor & Education Center for 5:30 p.m. on Tuesday, November 17, and Thursday, December 3.

Representatives from Urban Solar Group, SanCap Solar Connect's carefully vetted installation partner, and DDWS will be on hand at the Solar Community meetings to explain how the program works and answer questions. Residents and businesses will be able to schedule free, no-commitment analyses with Urban Solar Group to receive a bid for installation costs and information on the advantages of a solar energy system.

Islanders can also visit www.SanCapSolarConnect.org to sign up for a free evaluation or to receive informational emails. The website's FAQ page answers the most common questions about the program and solar energy.

"The more people who sign on to convert to solar energy, the more everyone saves on installation costs," said John McCabe, chair of the SanCap Solar Connect advisory and implementation committees. "Refuge and wildlife society buildings will lead the community conversion to solar, already lowering the cost for local residents and businesses, plus we have a number of others showing interest."

Furthermore, residents and business owners who officially sign up by February 15 can apply for a federal tax credit. Installation must be completed by year-end 2016 to qualify.

Interested parties can also contact program coordinator Joyce Lathrop at jlathrop@sancapsolar.org or 940-8931 for more information and to request a solar analysis.

The SanCap Solar Connect initiative was made possible partially through funding from the Fred and Alice Stanback Foundation.✱

CASI Hosts VCB Lodging Renovation Product Study

The Condominium Association of the Islands (CASI) hosted a group of approximately 40 condominium association managers, island realtors, rental management companies, the city manager, the executive director of the Lee County Visitors and Convention Bureau and interested citizens at the Sanibel Public Library on October 20.

The purpose of the meeting was to share the results of a study into the impact of renovations on the expected revenue from lodging rentals. The study showed that renovation can increase rental revenues by more than \$16,000 a year. Several managers in attendance reported that unit owners who have renovated have seen increased revenues of \$30,000 to \$50,000 per year.

The study, commissioned by the Lee County Visitor and Convention Bureau (VCB), was conducted by The Highland Group, hotel investment advisors. The study paired 36 similar Island units; one renovated the other not, and then compared the revenues earned by each. The results show that renovation can increase revenues by more than \$16,000 a year. Hillgate Marketing Services, who is working with the VCB to communicate this information, prepared and made the presentation.

Examples of successful renovation strategies were given covering kitchens, bedrooms and living areas. Specific renovation examples were intertwined with the study results. The study also noted that Sanibel has many hugely positive characteristics as a vacation destination: low density lodging accommodation, magnificent natural beaches and lush native vegetation. The opportunities presented by the combination of these unique qualities and the attraction of newly renovated lodging units will be the subject

of future presentations by Hillgate to condo associations and their boards.

"The VCB has given us a great tool to encourage our owners to bring every unit up to the finest of modern standards" said Sonja Sutor, executive director of CASI. "It's now up to us to get the message out to members."

Hillgate welcomes the opportunity to present this program to island organizations at meeting and to annual condominium and homeowner association meetings. To arrange this presentation, contact Barb Harrington at 472-3400 or barb@hillgate.biz.

Following Hillgate's presentation, City Manager Judie Zimomra spoke about unlicensed lodging providers and the need to encourage compliance with local and federal regulations to avoid financial penalties. Property owners who need more information on this subject are welcome to call Code Enforcement at Sanibel City Hall at 472-3700.✱

From page 5

Island Seniors

Improve core strength and balance.

Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper align-

ment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (resumes October 27). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

Veterans To Be Honored At Church

On Sunday, November 8, Sanibel Community Church will take time during each of the three worship services to pause and honor our veterans with a time of recognition and prayer.

On Wednesday, November 11, Veterans Day, veterans will be honored at the LOGOS children's program at Sanibel Community Church, with dinner in their honor, and the children expressing their gratitude.

All veterans then are invited to come to the free showing of the powerful film *Unbroken*, to be shown on Sunday, November 15 at 5 p.m. There will be free hot dogs, chips and sodas for everyone with serving beginning at 4:30 p.m. All veterans at the movie will receive a special gift. The movie and food are all free, but a love offering will be received for the Wounded Warrior Fund.

Worship services are at 8, 9 and 11 a.m. on Sunday. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit www.sanibelchurch.com or call 472-2684.✱

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. President Martin Pokedoff 239-395-2544.

CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

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Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502.

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Dr. Daryl Donovan, Senior Pastor
Sunday Worship Hours: 8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS

EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 9:30 a.m. Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck.

472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS

OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. 433-4901 ryi39@aol.com.✱

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OBITUARY



WILLIAM F. BLACK

Bill Black, loving husband of Nancy (Boomer) Black for over 35 years, passed away peacefully at the age of 82 with Nancy at his side on June 19, 2015 at Hope Hospice House Health-Park. Bill succumbed to cancer after fighting a courageous battle for over 15 months.

Born in Ethridge, Tennessee on May 31, 1933 to William and Mary (Suratt) Black, Bill left Tennessee to join the U.S. Air Force during the Korean War. After serving as a cook and a medic, Bill moved to Michigan after being dis-

charged from service. When he retired from Quad Precision Tool in Rochester Hills, Michigan as a Precision Machinist, he and Nancy moved to their beloved Sanibel Island. Together, they had owned a condo on the Island for 17 years prior to making the permanent move, and once on Sanibel, Bill immersed himself in the Island-life. He worked part-time at Sandalfoot Condominiums and was a guest favorite for over seven years. In 2004, Bill oversaw renovations to the condominiums after Hurricane Charley hit the island.

Bill was a very humble man with a great smile who always referred to himself as a "listener." He was unbelievably knowledgeable with plumbing, electrical and mechanical and could fix and repair anything, often using the machinist background to make parts. Bill loved to ride his 2001 Harley-Davidson all around the islands and he kept his 1977 Corvette in perfect condition.

Bill is survived by his sons, Charles and Gary Black, and stepsons Terrell Tucker and John Pitcock of Michigan, grandchildren Stephen (Erica) Ledington, Carrie (John) Savoie, Duane Black, Julie (Stephen) Bytz, Angela and Kenneth Black, Sara, Jessica, Edward Tucker, KaSandra (Jason) Keith, and Susan (Kyle) Hoose as well as 12 great grandchildren. He is predeceased by daughter Teresa Black and grandson Robert Ledington.

A celebration of life is planned for Friday, November 6 at 11 a.m. in the historic chapel at Sanibel Community Church, 1740 Periwinkle Way. ✱

Trash & Treasures Sale

Saturday, November 14, 2015

9:00 a.m. - 2:00 p.m.

Coming Soon!

We are gathering a fabulous collection of donated items from our members and the community.

Coming Soon!

However, we are still in need of your clean, gently used items here at the Center 4 life. Drop off is available Monday through Friday between 8:00 a.m. - 3:30 p.m. Items include:

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- Linens(Towels, Sheets, Pillows) • Toys • CDs and DVDs
- Fashion Purses and Wallets • Small Electronics

Donations are Tax Deductible

We kindly ask that no books, clothes, shoes, computers, printers or old TVs be dropped off. Please If you have any questions or need assistance with your donated items, please contact the Center 4 Life at (239) 472-5743.

Support Island Seniors, Inc. by attending this event and have a little fun treasure hunting. Hot dogs, chips and drinks will be sold during the event.

Come join the fun!

Thank you for supporting Island Seniors, Inc.!

Sanibel Congregational Offers Course On Fundamentalism

In most of the major religious traditions of the world one can find movements that have been labeled as fundamentalist. In particular, the monotheistic traditions of the West, Judaism, Christianity and Islam, have all had such movements.

The Rev. Dr. John H. Danner, the Senior Pastor of Sanibel Congregational United Church of Christ, will be joined by the Rev. Dr. Ran Niehoff, the congregation's Pastor Emeritus, in a three week course exploring this phenomenon. Each session will focus on the fundamentalists of one of the three monotheistic faiths of the West in chronological order: Judaism, Christianity and Islam.

Dr. Danner has served the Sanibel Congregational United Church of Christ since 2010. Prior to coming to Sanibel, Danner served churches in Connecticut, New Jersey, New York, Massachusetts and Maine. Danner has published several articles in The Christian Century and other journals, and is a contributor to two books: *Touch Holiness*, edited by Maren Tirabassi and Ruth Duck, and *From The Psalms To The Cloud*, edited by Maren Tirabassi and Maria Mankin.

Dr. Niehoff served the church from 1991 to 2007. He attended Washington University in St. Louis, Missouri, where he earned a degree in philosophy. He earned a master's in divinity and a doctorate in ministry at Eden Theological Seminary in Webster Groves, Missouri. He also studied at the American School of Classical Studies in Athens, Greece, and the Jerusalem Center for Biblical Studies in Israel.

The course is free and open to the public. Classes will be held Wednesdays, November 4 to 18, with identical sessions being offered at 10 a.m. and 7:30 p.m. For further information, call the church office at 472-0497 or visit www.sanibelucc.org. The church is located at 2050 Periwinkle Way on Sanibel.✱



Dr John H Danner



Randall Niehoff



Surviving The Holidays Seminar

Surviving the Holidays is an encouraging seminar for people facing the upcoming holiday season after

the death of a loved one. The seminar will be held on Monday, November 16 from 11 a.m. to 1 p.m. at Sanibel Community Church, 1740 Periwinkle Way (next to Jerry's Market) in Room 131. There is no charge for this seminar and all are welcome.

The seminar features practical suggestions and reassurance through video interviews with counselors, grief experts, and other people who have experienced the holidays after their loved one's death. Topics include dealing with hard-hitting emotions, what to do about traditions, how to survive social events, and where to find comfort and strength. Those who attend will receive a Survival Guide filled with practical tips, encouraging words, journaling ideas, and exercises for daily help through the holiday season.

For more information, call Susan Faunce, LMHC, MCAP at 472-0382.✱

Sanibel Veterans Day Ceremony

The City of Sanibel and the Lee Coast Chapter of the Military Officers Association of America (MOAA) will conduct their Annual Veterans Day Ceremony to honor our military veterans on Wednesday, November 11. It will be held on the grounds of Sanibel City Hall, located at 800 Dunlop Road, with military music beginning at 10:45 a.m. and the ceremony starting at 11 a.m. Fred Bondurant, MOAA Chapter President,

will officiate. Mayor Kevin Ruane, city council members and City Manager Judie Zimomra are expected to participate.

The guest speaker is former naval aviator and Sanibel resident Ed Sieber. He flew his Curtiss Helldiver in the initial attack wave against Japan's super battleship Yamato and made a hit on the ship in the second attack a day later. The ship was sunk in that attack. The Yamato was being sent from Japan's home waters to break up the American invasion of Okinawa late in the war. Sieber is a recipient of the Silver Star, two Distinguished Flying Crosses and four Air Medals.

Sanibel's BIG ARTS Concert Band will provide music.

For those who have never attended, one of the most touching aspects of the

continued on page 19



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Youngster Keeva is so eager to show off the fashions from The Ickle Pickle that she follows right behind her big sister, Teagan

Sanibel Christian Preschool Presents Fashion Show

submitted by Sandra J. Simmons

The Sanibel Christian Preschool Luncheon and Fundraiser combined preschoolers in adorable outfits and great food for a fun Saturday afternoon. Cip's Place became a "high fashion" zone so the preschool, a ministry of Sanibel Congregational United Church of Christ, could raise money for their scholarship fund. The Ickle Pickle, under new owners Nora and Sandy, provided the outfits for the young models. Thank you to all who supported this fundraiser for their scholarship fund. Their goal is to be able expand available scholarships and remove finances as an obstacle for families seeking quality preschool education in a loving



Madison looks for reassurance before she steps down the runway at Sanibel Christian Preschool's Luncheon and Fashion Show held at Cip's Place

nurturing environment for their children

A special thank you to Cip's Place for providing the venue and the great lunch, and to the Ickle Pickle for providing the outfits as we work towards this goal. We also thank Bailey's Cafe, Bennett's Fresh Roast, Doc Ford's Sanibel, Island Pizza, Jerry's Foods, Lighthouse Cafe, The Pecking Order, Sanibel Harbour Marriott Resort & Spa, and Sweet Melissa's Café for donating prizes to our raffle.

Sanibel Christian Preschool is located at Sanibel Congregational United Church of Christ at 2050 Periwinkle Way. We provide classes for 2, 3 and VPK 4-year-olds five days a week so that all children know that no matter their background or situation, they are already a beloved child of God. For more information, call preschool director Laura Miltner at 472-0497.*

Children Learn How Do It Themselves

Children at Summit Christian Preschool are taught self-help skills and are able to master them through trials and mistakes. The students are so proud to be able to say, "I did it myself!"

There are still a few spots left for this year's preschool program. If you have a



Kelyse Schafer fills up her water bottle all by herself before heading out to the playground with her class at Summit Christian Preschool.

3- or 4-year-old you would like to enroll, call Kathy Stanley at 482-7007 for more information and to set up a tour.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).*



Chase Nave and Jackson McKee dig in to dinner at LOGOS Western Rodeo Night

LOGOS Western Rodeo Night



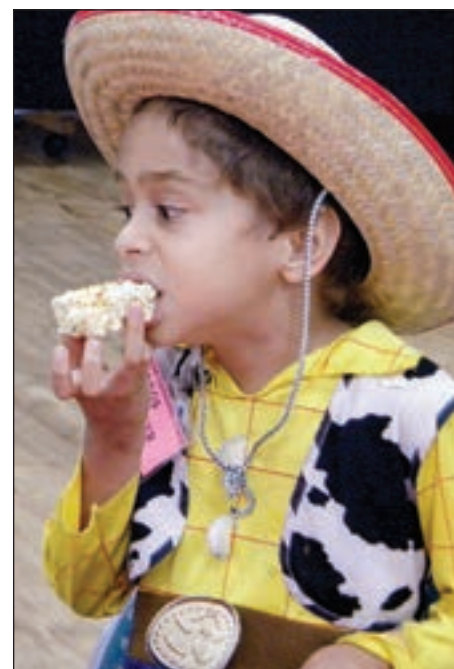
Preschoolers Kelyse Schafer, Gretta Livermon, Daniel Tison, Jace Foster and Johnny Chavez-Santana ride their ponies in for dinner

Sanibel Community Church was bustin' at the seams as all the little cowpokes rode their ponies in for delicious grub at LOGOS Western Rodeo Night. The grub was great: BBQ chicken tenders, corn on the cob, baked beans and rice crispy treats.

Besides having a rootin', tootin' time, the LOGOS kids learned about the Samaritan's Purse Christmas Shoebox project and took empty boxes home to fill for Christmas gifts for kids around the world.

This mid-week family program welcomes all families with kids ages 3 years through fifth grade. For more information, call Kathy Cramer at 472-2684.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).*



Woody (Ty Strauss) showed up at Western Rodeo Night to chow down on some good grub

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Eric and Mary Ellen Pfeiffer

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Duck Stamp Artists Honored At Refuge



"Ding" Darling Wildlife Society President Doris Hardy, left, chats with 2015-16 Federal Duck Stamp artist Jennifer Miller during last week's reception at the refuge's Visitor & Education Center

photos by Jeff Lysiak

by Jeff Lysiak

At a special reception held last Friday evening at the JN "Ding" Darling National Wildlife Refuge's Visitor & Education Center, the three wildlife artists selected as the top prize winners in the Federal, Junior and Florida Junior Duck Stamp competition were honored by members, staff and supporters of "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Jennifer Miller, an artist from Olean, New York, was heralded for her painting of a pair of ruddy ducks which has been made into the 2015-16 Federal Migratory Bird Hunting and Conservation Stamp, or Duck Stamp, which was launched by the refuge's namesake, Jay Norwood "Ding" Darling in 1934.

Miller explained that she was a bit surprised that her entry was chosen as this year's winner.

"Traditionally, this species hasn't scored very well in previous competitions," said Miller. "So when I was painting this, I thought I was painting a loser."

The U.S. Fish & Wildlife Service produces the Federal Duck Stamp, which sells for



Junior Duck Stamp artist Andrew Kneeland discusses his award-winning work with John McCabe, past president of the "Ding" Darling Wildlife Society

\$15 and raises about \$25 million each year to provide critical funds to conserve and protect wetland habitats in the National Wildlife Refuge System for the benefit of wildlife and the enjoyment of people.

Andrew Kneeland, this year's Federal Junior Duck Stamp winning artist, is a veteran of the competition. The 17-year-old Rock Spring, Wyoming native laughed when asked why he chose to paint a pair of wood ducks.

"I chose them because of all their colors," he told a group while standing in front of his award-winning acrylic painting. "Last year, I entered the contest with a painting of a trumpet swan, which is basically only black and white. I was definitely looking for something more colorful."

The Florida Junior Duck Stamp artist, 13-year-old Mason Theurer of Celebration, Florida, was honored for his artwork featuring a blue winged teal.

The October 23 reception was catered by George & Wendy's Seafood Grille.✽



Ranger Becky Larkins, left, with Florida Junior Duck Stamp artist Mason Theurer and his dad, Chuck



Wildfowl sculptor Jim Sprankle inspects his creation, Ranger Rosie, a roseate spoonbill

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Sea Turtle Grant Given To CROW

The Clinic for the Rehabilitation of Wildlife (CROW) was awarded over \$10,000 in grant funding from the Sea Turtle Conservancy Grant Program in 2015. The funds from the grant have been used to purchase new endoscopic equipment to assist CROW in their strive to offer cutting-edge medical and surgical care for Southwest Florida sea turtles.

Endoscopes have become a vital diagnostic tool in veterinary and sea turtle medicine. It is minimally invasive and offers a number of benefits over other diagnostic options. While CROW has many other advanced imaging options, including ultrasound and a digital X-ray machine, rigid and flexible endoscopy offer a number of diagnostic and treatment benefits over these other modalities.

"Endoscopes also assist in foreign body removal and other minimally invasive surgical techniques that allow vets at CROW to return these rare sea turtles back to their ocean home much more rapidly," said Dr. Heather Barron, CROW's Hospital Director.

Prior to having endoscopic equipment, CROW veterinary staff would have to



Dr. Allison Daugherty, CROW veterinary intern, endoscopically examines a turtle for evidence of internal injuries after it was struck by a boat

refer a sea turtle patient to another facility or perform surgery to obtain a diagnosis. Because of the grant, more time can be spent focusing on direct care of the patient.✱

Library Celebrates Oktoberfest With Open House



Last Thursday afternoon, the Sanibel Public Library celebrated the season with an Oktoberfest gathering and open house, which included live music, refreshments and tours of the award-winning facility. Pictured with library visitors, volunteers and staff members is accordion player Pete McGrain, who entertained the crowd with festive Bavarian and polka tunes.

photo by Jeff Lysiak

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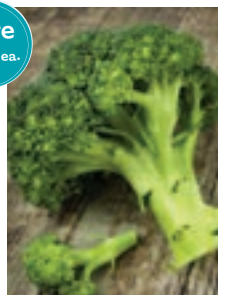
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Vickers Colton and Jennifer Durant

Vickers Colton and his sister, Jennifer Durant from Houston, Texas caught a slot sized 25-inch redfish while on a Sea Reed Charter.✪

Read us online at IslandSunNews.com

Fish Caught



Rolf Lindner, visiting from France, caught this large redfish

Rolf Lindner, visiting the islands from France, caught a redfish on October 19 at 5:45 p.m. using pigfish as bait under windy weather conditions. “It was my first day fishing in 2015 and I was quite lucky, I think,” said Lindner.✪

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An Inside Look At Wildlife Recovery

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facility.

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will take place on Friday, November 6 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$7 for adults, \$5 for teens, free for current members and children under 13. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644 ext. 228 or visit www.crowclinic.org.



Jane Hudson, Anita Marshall, Mary Ann Gilhooley, Trish Phillips, Bunny Ospa, Deborah Butler and Helen Gaina

Island Seniors Visit Museum In Fort Lauderdale

submitted by Island Seniors

Island Seniors Florida Day Trips took them to the NSU Art Museum in Ft. Lauderdale. After a leisurely cafe lunch, the group took a private two-hour tour that encompassed the museum's special exhibits of Pablo

Picasso: Painted Ceramics & Works on Paper, 1931-71, The War Horses: Helhesten and The Danish Avant-Garde during World War II, The Indestructible Lee Miller, and William J. Glackens: A Modernist in the making.

Stop by the Island Seniors at Center 4 Life and check out the many future adventures that you can be a part of.

For more information, contact Trish Phillips, program manager, at 472-5743.

Share your community news with us.

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Third place was given to Ellen Trevor's *Little Blue/First Spring*

From page 1

'Ding' Photo Contest Winners

came out," said Refuge Ranger Becky Larkins, another contest judge. "You see this bird in juvenile plumage with a head position that was like 'This is my trail... what are you gonna do about it?' - just a very sassy pose that spoke to me. And I loved the perspective of the blurred trail behind the bird that beckons the viewer

to go see why this bird likes this trail - it draws you in."

In third place was Ellen Trevor from Sanibel with her juvenile little blue heron shot. Judge Al Hoffacker, a professional photographer at Half-CrackerPhoto.com, commented, "I liked the little blue heron a lot based upon the reflection, which is always tough to get, and the lone red mangrove and its young prop root. I thought it represented a theme of 'Two Young Lives.'"

"We always choose three judges for the contest - a refuge staff member, a professional photographer and a member of the Sanibel community," said Terry Baldwin, contest chair.

The three winners received cash awards from DDWS at the presentation on Saturday: \$100 for first place, \$75 for second and \$50 for third. Each honorable mention winner received a \$25 award, which reflects a refund of the contest entry fee.

The winning photographs and 10 honorable mention award entries will be on display in the Refuge Visitor & Education Center throughout the year.

To view the other top-ranking entries, visit www.dingdarlingsociety.org/photo-contests. Stay tuned for news about blank note cards featuring all the winning images, which will be available for purchase in the Refuge Nature Store this season.

Honorable Mentions (in alphabetical order):

Frank Brinker of Oberaegeri, CH Switzerland - Fiddler Crab

Michael Femal of St. Petersburg, Florida - Reddish Egret

Bill Fisher of Hinsdale, Illinois -

Breeding Male Green-Winged Teal

Peter Garafalo of Astoria, New York - Yellow Rat Snake

Thomas Korbitt of Bluffton, South Carolina - Osprey

Jim Lotstein of Canton, Ohio - Osprey

Liz Noffsinger of Milford, Ohio - White Pelicans

Tom Olson of Philadelphia, Pennsylvania - Reddish Egret

Mike Summers of Cape Coral - Brown Pelican

Linda Kerr Wells of Friendsville, Tennessee - Tri-Colored Heron

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or dingdarlingsociety@gmail.com.

From page 3

Master Gardeners

for granted. They require nutrition (fertilization) to resist environmental stress and to remain healthy. Special formulations of fertilizer that are "palm special" are slow release and contain the necessary micro-nutrients.

Donna Cressman, a 10-year graduate of the Florida Master Gardeners Program, will discuss the recommended types and frequency of fertilizers, and will also bring living palm fronds to illustrate healthy and

deficient palms. Cressman is a senior staff member of a well known nursery and lectures extensively in Southwest Florida. In her presentation, she will be using actual palm specimens and welcome questions from the audience.

From page 5

Center 4 Life

Gentle Yoga - Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. (resumes October 27). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.

From page 13

Veterans Day

ceremony is Remembrances, where veterans recall their military experiences and how they and others were affected by them. Any veteran who wishes to participate is welcome to do so.

Switch To High



by Capt. Matt Mitchell

Strong east winds from a high pressure system that sat on top of us all week made the open exposed water bumpy and rough going at times.

Once you crossed the bay though to either the east side of the sound or out through the passes to the beach, the sometimes uncomfortable ride paid off with fabulous fishing action.

Out along the beaches, conditions where slick calm except for the Bonita, Spanish mackerel and King mackerel churning it up as they ragged on massive clouds of fry bait. Taking a live well full of small shiners out here was a great way to fire up the open water action, although it was not a necessity. Watching these fish explode on the bait schools is just about as much fun as catching them. A 10-pound-plus Bonita on a light spinning



Paul Black and Paul Jr. from Sea Isle, New Jersey with redfish caught this week while fishing with Capt. Matt Mitchell

rod is just a blast to tangle with. Getting on this action has been as easy as running out of Captiva or Redfish Pass until you see the surface action.

Big morning high tides all week made for a strong redfish bite if you were will-

ing to put in your time and cover the wind blown shoreline. Live shrimp and cut baits where the baits of choice, with every redfish we caught this week in the slot. Staying close to home and fishing Mackeever Keys and Regla Island. Fishing with long-time clients Paul Black and his son Paul Jr. from Sea Isle, New Jersey we had our limit of two redfish at the days first stop.

Trout fishing in the bay also made for a good option on windy days to keep clients happy. Finding clear water was the major factor, with limits of trout caught on both shiners and live shrimp under a popping cork. Large sheltered bays inside the "Ding" Darling Refuge were a good place to be, along with crystal clear

grass flats starting at Flamingo Bay channel north. Water on the eastern side of the sound is still really clear and like out on the beaches, look for feeding birds to point you in the direction to a good trout bite.

Taking a few shark trips this week, they did not disappoint. Rocky channel and the channel by the fish camps are both packed full of large blacktips and spinner sharks all 4 to 6 feet long. Big fresh cut mullet heads never seemed to soak for more than about 20 minutes before one of the heavy rods doubled down and the battle was on. On the best shark fishing charter this week, we hooked into 11 sharks and landed 7 in 2 1/2 hour period. While anchored up in these channels, it's like your sitting in a highway watching turtles, manatees, big rays and dolphins cruise by.

Water temperatures are now in the mid- to high-70s, and over the last few weeks, our waters really came to life like the switch got turned on. Then over this last week with cooler mornings, that same switch got turned all the way up to high. For sheer numbers of fish and a crazy variety of species to target, our fall fishing action is as fast-paced as we will see all year.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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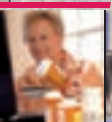
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Shell Of The Week

Banded Tulip



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The banded tulip, *Cinctura hunteria* (G. Perry, 1811), is one of the largest and

most attractive marine snails found along the barrier islands of Southwest Florida. The species, which may reach in excess of four inches in size, is also present in other parts of the Gulf of Mexico, eastern Florida and the northern Caribbean Sea. The smooth, tulip-shaped shell is characterized by the widely spaced, brownish spiral lines set against a light gray background color. The species is related to the true tulip, *Fasciolaria tulipa* (Linnaeus, 1758). This latter is a much larger species, reaching about eight inches, and having a shell with reddish-brown background color with more numerous and more tightly set spiral lines. Banded tulips are predators, feeding on smaller mollusks. The photo on the right depicts a cluster of egg capsules laid by a banded tulip in the museum's live tank; the banded tulip egg capsules look like smaller ver-



Photos by José H. Leal

The banded tulip, *Cinctura hunteria*, and its egg capsules (right)

photos by José H. Leal

sions of those of the true tulip, minus the frilled edges of typical of the capsules laid by this latter species. Learn more about the banded tulip at the Shell Museum website – <http://shellmuseum.org/shells/southwest-florida-shells/cinctura-hunteria>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book

online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day. Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes)

Tuesday at 1:30 p.m.: Shell Bingo

Wednesday at 1:30 p.m.: Midday Tank Talk at the museum's live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



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CROW Case Of The Week:
The Howdy Bird



by Patricia Molloy

As wagon trains transported early settlers across the prairie, small owls were frequently seen standing on the ground, bobbing their heads up and down as the pioneers peered

out from under the covered wagons. Interpreting the gesture as a sort of greeting, the adorable little avian with the big yellow eyes became known as the “howdy bird.”

The burrowing owl (*Athene cunicularia*), which stands only 10-inches tall, use to be a common sight in the flat, open prairies of the Midwest. Sadly, much of their habitat has been destroyed by development. Fortunately for residents and visitors to Lee county, Cape Coral has the largest population of the Florida species (*Athene cunicularia floridana*) in the state: it is estimated that the city is home to 1,000 nesting pair.

Many of CROW’s burrowing owl patients are delivered to the Sanibel hospital by the Cape Coral Friends of Wildlife (CCFW). The organization seeks the help of clinic staff to rehabilitate injured and abandoned native species. CCFW takes a special interest in the

burrowing owl population, since it is the city’s official bird. The burrowing owl is classified as a “species of special concern” by the Florida Fish and Wildlife Conservation Commission and is protected by the federal Migratory Bird Treaty Act.

As the name would suggest, the burrowing owl lives in subterranean tunnels; of the 171 species of owls worldwide, it is the only one that lives underground. While the western species resides in burrows abandoned by prairie dogs, the ones living in Florida dig their own burrows.

Unlike their western counterparts, Cape Coral’s burrowing owls do not migrate. According to CCFW, the period from January through June is the best time to see them. During the blistering heat of summer, they spend much of their time in the cool climate of their burrows. The conservation organization also states that the Cape Coral Library is a good location to catch a glimpse of a burrowing owl. If you do see one, please keep your distance. Getting too close to these wild birds may cause them to abandon their home in search of a more quiet location.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.



This shy burrowing owl is shown here during a morning check-up at CROW. It has been reported that a burrowing owl will mimic a rattlesnake’s rattle to scare away predators.

Gramma Dot's

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Monday, November 2, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, November 3, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Wednesday, November 4, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Thursday, November 5, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Friday, November 6, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Friday, November 6, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with

Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13.

There is a photography opportunity available following the tour with an animal ambassador.

To register, contact Rachel Rainbolt, education coordinator, at 472-3644.

Monday, November 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, November 10, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospi-

tal, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Wednesday, November 11, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Thursday, November 12, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Friday, November 13, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced

continued on page 25



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Native wildflowers (from left) climbing aster, east coast dune sunflower and Spanish needle are butterfly-attracting members of the aster family photos by Gerri Reaves

Plant Smart

Seeing Stars

by Gerri Reaves

The common native wildflowers pictured here are only three of the hundreds of species in the aster, or asteraceae, family, which includes sunflowers, dandelions, goldenrods, thistles, coneflowers, zinnias and many others.

The word aster derives from the Greek word for star, which aptly describes the star- or daisy-like form of many asters: a central disk, or head, of compact flowers surrounded by ray flowers.

These three species bloom throughout the year. They are low-maintenance and excellent choices for a butterfly garden.

Their simple beauty will add a cheerful note to any yard.

Climbing aster's (*Symphyotrichum carolinianum*) flowers measure about two inches across and have yellow or orange centers surrounded by slender petals of pale pink, lavender or rose-purple.

A woody sprawling vine, it grows to about 10 feet long and can be used as a groundcover or climber.

It is one of the larval host plants for the pearl crescent butterfly.

Give it a moist area and partial shade.

East coast dune sunflower (*Helianthus debilis*) is a coastal species particularly valuable for sand-dune stabilization, but it also does well in a sunny well-drained non-coastal landscapes.

This sprawling multi-branched peren-

nial is pest-resistant, fast-growing, and highly salt- and drought-tolerant. It readily reseeds and forms a dense groundcover up to two feet high.

The flowers of about three inches across have a brown or purplish center surrounded by yellow rays.

Besides attracting various butterflies, it provides oily seeds to birds and other wildlife.

Spanish needle's (*Bidens alba*) yellow center and white ray flowers resemble a small version of the cultivated daisy.

One of the most common Florida wildflowers and an irrepressible volunteer, it flourishes along roadsides, in open fields, and in yards, excelling in beauty, self-sufficiency and wildlife-friendliness.

It is the host plant for the dainty sul-

phur butterfly, and attracts several other species, including ruddy daggerwings, Julias and the great southern white.

The plant's tiny twig-like slender seeds, the "needles" or beggar's ticks, attach themselves to clothing or animal fur, ensuring the flower's spread and propagation far and wide.

Plant Smart explores the diverse flora of South Florida.✱

From page 24

CROW Calendar

diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.✱

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Refuge Ranger Toni Westland points out a periwinkle snail to 4-year-old Mason McCune and his grandmother during a special Discover "Ding" nature tour of the refuge last week
photos by Jeff Lysiak

First Year Of Discover 'Ding' App Celebrated

by Jeff Lysiak

About a year ago, Discover Nature Apps founders Sam Serebin and Evan Hirsche launched a state of the art smartphone game – called Discover "Ding" – which offered visitors to the JN "Ding" Darling National Wildlife Refuge on Sanibel a unique

experience as they explored the unspoiled beauty of the great outdoors and the animals who inhabit it.

"We've had a couple of glitches and fixed a few bugs here and there, but our first year has been very successful. The IOS platform is quite stable and very intuitive, so those glitches were minor," said Serebin. "The biggest challenge, however, has been getting the app into people's hands. We're approaching 10,000 downloads, and the reviews have been extremely positive."

Engineered to adapt to the public's expanding reliance on smartphones by



Toni Westland and Mason McCune snapped a photo of the snail before posting it to the Discover "Ding" app

creating a positive, interactive experience which encourages users of both Apple and Android products to immerse themselves into their natural surroundings, the game app offers GPS-driven games and field tips, historical information, interesting statistics, photo and social media sharing capability, emergency updates and other fun and functional tools.

To celebrate the Discover "Ding" app's first anniversary, in conjunction with 2015's "Ding" Darling Days, Serebin returned to the island last week and took part in a special tram tour of the refuge, led by Supervisory Ranger Toni Westland.

During the 90-minute guided excursion, a small group of guests joined Serebin and Westland in a tour of the refuge while simultaneously demonstrating the benefits to the visitor experience the Discover "Ding" app offers. The group spotted a small blue heron, mangrove crabs, a periwinkle snail, Florida water snake and a six-foot alligator while on their tour, all of which were posted to the app.

"We've added a bird list – where you



An alligator basking on the grass near Colon's Point

can track and scan past photos – to the app, plus you can now create a postcard via the app and post it on your Facebook page," noted Serebin. "There are more information pages and you can give a 'thumbs up' to posts."

Last year, the Sanibel preserve became the first refuge to introduce the smartphone application. Support for the project came from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

According to Serebin, Discover Nature Apps have built similar smartphone applications at five locations on the west coast of the United States – Coquilla Point Oregon Islands, Yaquina Head, Haystack Rock, Humboldt Bay and the United States Marine Corps Combat Center at Twentynine Palms.

"This app is on the leading edge of technology... not even the National Park

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A Florida water snake was curled up on a mangrove branch

System is offering anything close to this,” added Serebin, who makes his home in Washington, DC but has family ties to Sanibel. “It gives people something fun to do while they’re out here enjoying nature. And when they can’t get out here, this is the next best thing.”

To encourage more people to try the Discover “Ding” app, Discover Nature Apps has launched a contest called Eye On The Prize. Visitors to the refuge who download the Discover “Ding” app can win T-shirts, baseball caps and maybe even a pair of Zeiss binoculars. Here’s how:

- Download Discover Nature at the Apple Store or Google Play
- Load Discover “Ding” from within the app
- Use the app – Play the game, post field tips and take photos along Wildlife Drive
- Share on Facebook – Post your game scores, field tips or photos with friends and family
- Post to DNA’s Facebook page when you’re ready to enter.

For all of the contest rules and regulations, visit www.dropbox.com/s/finv-l8jx.../DiscoverDINGcontest.pdf.



A little blue heron spotted during the tour



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Adults - \$45⁰⁰ | Children 3-12 - \$18⁰⁰ | Under 3 - Free

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MENU HIGHLIGHTS

Iced Seafood Display
Dried Sausages, Salamis, Soppressata, Mortadella
Dry Cured & Pastrami Salmon
Butternut Squash Bisque
Roast Tom Turkey
Honey Dijon Glazed Bone-In Ham
Charcoal Crusted Prime Rib
Molasses Mopped Pork Tenderloin
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Traditional Salads, Vegetables, & Casseroles
Chef’s Holiday Desserts

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From page 6

The Community House

have tried meditation by taking courses or reading books. Some people stick with it, but many feel that they have failed because they couldn't quiet their minds. This assessment is based on a fundamental misunderstanding of meditation.

With proper instruction, success is guaranteed. This workshop teaches meditation in a contemporary way, maintaining respect for ancient tradition while incorporating and referencing modern neuroscience. The technique is easy and natural, and rigorous research has validated its effectiveness. In addition to many health benefits, meditators experience a pronounced shift away from fear-based perceptions to a world view characterized by acceptance and joyfulness.

The course is from 10 a.m. to noon. The price for members is \$89, guests are \$99. There are three sessions. Session 1: Monday, November 9, Tuesday, November 10 and Thursday, November 12. Session 2: Monday, January 25, Wednesday, January 27 and Friday, January 29. Session 3: Monday, March 21, Wednesday, March 23, and Friday, March 25.

Artisan & Crafts Fair

Visit the Artisan & Crafts Fair at The Community House on Saturday, November 7 from 9 a.m. to 2 p.m. There will be many handmade pieces for sale, including fused glass, pottery, jewelry, sea glass creations, woven baskets,



Check out local art at the Artisan & Crafts Fair

knitted goods, beaded glass, holiday ornaments, mirrors, shell crafts, wire jewelry, dinnerware, marmalades, soaps and body products, candles and cosmetic products. There is no admission cost and inexpensive food and drink is available. There will be over 25 tables of quality crafts.

Paper Crafts

Create unique greeting cards to share with friends and family. Instructor Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasion, special events and holidays. A variety of techniques will be shared including stamping, embossing, cutting, creative folding and embellishing. The workshop fee includes everything you need to create three handcrafted cards. The fee per class is \$25 for mem-



A handmade card

bers and \$25 for non-members. Classes will be held from 9:30 a.m. to 12:30 p.m. on the following Tuesdays: November 10, January 19, February 16 and March 15. Prepayment is required. Call 472-2155.

Coffee And Conversation



Community House friends welcome you

Residents are invited for coffee and conversation at The Community House on November 11 at 10 a.m. This informal get-together will give newcomers an overview of the island's non-profits, clubs and civic opportunities, plus other information that will help them become part of the community. If you have a new neighbor who has recently arrived, pass the word. Call 472-2155 for more information or stop by 2173 Periwinkle Way.

Free Energy Medicine Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda. All workshops are held and sponsored by The Community House.

Workshops will be held on the following Wednesdays:

November 11, 4 to 6 p.m. This class will provide exercises for improving eye health and assist with healing for cataracts, night vision, bright light that hurts the eye and teach a daily eye routine.

December 2, 6 to 8 p.m. Boost focus and memory with Energy Medicine tools.



Karen Semmelman

Wednesday, January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.

February 3, 6 to 8 p.m. Pain overriding your life? Loosen the congestion with Energy Medicine tools.

March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.

April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, EEM-AP, JD, a matrimonial lawyer for 30 plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email ksemmelmanenergy@gmail.com.

November Potluck



Jerry Gonzalez

In November, the Community House monthly potluck will be held on Wednesday, November 11 from 6 to 8 p.m. because of the Thanksgiving holiday. The guest speaker is Jerry Gonzalez from Fresh Taqueria, whose topic will be Know Where Your Food Comes From.

Gonzalez and his partner Maureen Whitaker own and operate Fresh Taqueria on Periwinkle. Gonzalez is a Swiss trained chef who previously cooked in the New Jersey and Philadelphia area, but he has had ties to Sanibel his entire life. He did his cooking internship at South Seas Island Resort and was the chef at Red Fish Blue Fish on Captiva. He loves highlighting the flavors of fresh ingredients and foraging for ingredients like yucca blossoms to present to his customers.

In keeping with learning and tasting at the monthly potlucks, Gonzalez will cover selecting, evaluating and finding the best ingredients. A special treat will be his demonstration on how to handle and use different types of peppers. Gonzalez and Whitaker grow a lot of

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their herbs and peppers. Some plants are three to four years old. The Kitchen Guild is planning to embark on a garden for The Community House this fall, so it will be timely to learn what is possible to grow on the island. This is also an opportunity to hear more about the House Kitchen Guild, a new group that brings together people with all types of food interests. Cooking, canning, growing, meal planning, entertaining, wine and spirits, and nutritional education are some of the ideas that are being discussed as possible directions for future presentations. An overview of the plans for redevelopment of The Community House will be available at the potluck.

Gonzalez will prepare some fresh salsas and guacamole. Sign up early as this free event is well attended and only a couple of weeks away. Reservations are appreciated for planning purposes. Call the office at 472-2155. Bring a dish to share for approximately six people. Bring your own drinks, but water and iced tea will be available at no charge.

Chalk Painting

Have an ugly old wood frame that needs something more to be revitalized and renewed? Interested in just picking up a new skill? Learn how to chalk paint with Carla. All materials are provided including choice of paint, a coordinating color wax and brush, as well as the frame and full instruction. Each person will be painting an old garage sale picture frame. You will learn how to turn this tired ugly



Transform an old piece of furniture

frame into a unique custom piece that you will want to use in your home or give as a gift. Chalk paint is easy to use and dries quickly, so the frame you paint in class will be ready to take home immediately! If you have a piece at home that you would like to bring in and begin its transformation, feel free to bring it. Sometimes there is even a contest to see who can bring in the ugliest piece to paint. You must be able to carry it inside. Class will take place Thursday, November 12 from 6 to 9 p.m. Other dates this class is offered are: Tuesday, January 26, Tuesday, February 16, and Tuesday, March 22. Cost is \$70 for members, \$75 for guests.

Pre-payment and registration are required. Call 472-2155. Cancellation fees may apply. Minimum number of students required.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

Library Book Discussion Group

submitted by Maureen Tesoro, Sanibel Public Library

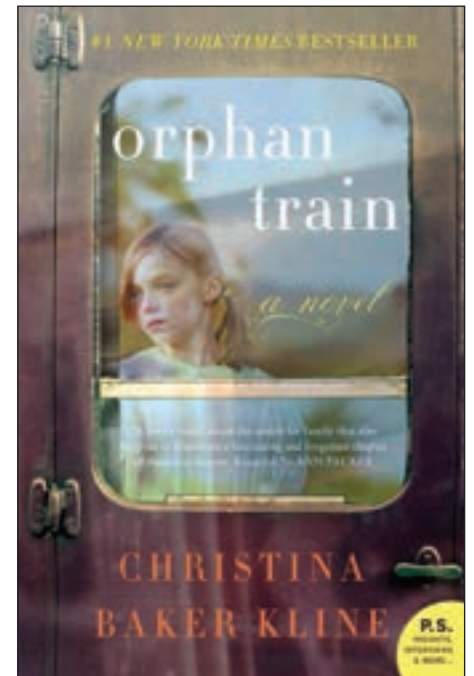
Readers are invited to come to the Sanibel Public Library to talk about Christina Baker Kline's book *Orphan Train*, the focus of the November 18 book discussion. The meeting is free and open to the public. The discussion begins at 2 p.m. in the library's meeting room four, located on the ground floor.

Published in 2013, *Orphan Train* has received phenomenal success around the world. The story is based on the so-called orphan trains that ran between 1854 and 1929 from East Coast cities to farms in the Midwest, carrying thousands of abandoned children. Inspired by these little-known events in American history, *Orphan Train* weaves together the stories of Vivian Daly, a 91-year-old Irish immigrant who as a child was shipped from New York City to Minnesota and Molly Ayer, a 17-year-old who is aging out of the foster care system in present-day Maine. An unlikely friendship develops between the two as they discover the parallels in their lives, exposing a secret which has haunted Vivian her entire life.

While it is preferable to come to the discussion having previously read the book, all are welcome. Copies of book club books are located in the library near the reference desk, in a variety of formats. *Orphan Train* is an eBook that can be downloaded via OverDrive.

The discussion group will not meet in December. The book for January's meeting is *All the Light We Cannot See* by Anthony Doerr. In February, the group will discuss Anita Diamant's *The Boston Girl*.

For more information, call 472-2483 or go to www.sanlib.org.*



**Costumes so notoriously outrageous and weird,
they might just scare the pants off you.**

Please try to keep yours on.

It's the one, the only, the notoriously crazy Hallo'Tween Costume Party at the legendary 'Tween Waters Inn Island Resort & Spa. Join us Saturday, October 31, 8 PM - 2 AM as we rock the beach with the Bret Forman Band and host our annual \$2,000 costume contest — with \$1000 grand prize at midnight (attendance required). Just \$15 gets you in on the good and the ghoulish times!

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8PM-2AM
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Must be age 21 or older

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CHR Mardi Gras Fundraiser

CHR (Community Housing and Resources) along with premier sponsor, The Sanibel Catering Company by Bailey's, announce CHR's 4th annual Mardi Gras fundraiser. The festivities will begin at 5:30 p.m. on Saturday, February 6 at The Dunes Golf and Tennis Club on Sanibel.

"CHR is one of the most important aspects of our Sanibel community," said Mardi Gras event co-chair Arlene Dillon. "We house dozens of families and Sanibel friends who are the backbone of our community, working in the service industry and for several other local businesses, organizations, and local government. We know that this year's Mardi Gras will not only be a great time, but will raise much needed funds to renovate and maintain many of our homes."

Aside from being CHR's signature fundraising event, CHR's Mardi Gras gives Sanibel residents and visitors a chance to celebrate the New Orleans tradition with a dollop of Sanibel, Florida flair. Attendees will enjoy a stroll down "Bourbon Street," dine on genuine New Orleans fare, and even get to cheer for their favorite team as our top event sponsors compete in a fun and zany swim relay. Proceeds will support CHR's mission of providing affordable housing on Sanibel for island workers and for long-time island residents who have become disabled or retired.

Rene's Jewelry

472-5544



Mardi Gras 2016 will be held on February 6 at The Dunes Golf & Tennis Club

Monday Night Movie *Human Capital*



by Di Saggau

The BIG ARTS Monday Night Movie for November 2 is *Human Capital*, an Italian film about two families and one ruinously divided country.

Human Capital focuses on the Italian rich and its middle-class aspirants. The movie is ferociously unsentimental and shows what happens when ambition privilege and money entangle lives. Set in a town in Brianza and in Milan, mostly on the night before the night before Christmas, this is the kind of movie that embeds the significance of its title into every subplot, then defines it in an onscreen title at the end, just to make sure you got it.

The script slides back and forth along a timeline, always returning to the script's central gathering, a private school student

awards ceremony/dinner after which a waiter is hit by a car while bicycling home. There are alternating waves of tragedy and farce involving a family man and real-estate broker who borrows 700,000 Euros to buy into a supposedly high-yield hedge fund. The fund is managed by a filthy rich investor who is a classic money-grubbing cinematic yuppie. His wife's a onetime actress who spends her days spending her husband's money.

There are many characters and they are all connected by the central question of who hit the cyclist as well as the related themes of greed, poor impulse control and guilt. Nearly every major character is harboring a devastating secret. The performances are superb. It's a film where all the puzzle pieces drop into place one-by-one. It runs one hour, 50 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion.

Series Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Series Supporters: Sanibel Taxi, Jerry's Foods of Sanibel.



BIG ARTS is located at 900 Dunlop Road on Sanibel. Tickets are available at the door or by calling 395-0900.*

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Elderberry Jelly

by Mary Lavelle

"It never wants to set for me," I hear
my mother say
as she ladles steaming elderberry
syrup into shining glass jars

This August morning elderberry
bushes along my country lane
bow under the weight of ripe purple-
black fruit.

I swear
I planted them only for their flowers
full saucers of cream abuzz with bees
in June, fruit for birds in fall.
No thought then of elderberry jelly
dark in jars topped by paraffin and
decorated with scraps of material
left over from homemade skirts and
dresses.
But now ripe clusters hang heavy
tempting me to return for a harvest.
I still have from my homeplace
kettle, long handled wooden spoon,
wide funnel.
Sugar must be fetched, new jars,
cheesecloth, a recipe.

I pull the tiny fruits from their red
stems,
wash them, set the kettle on the
stove.
As they heat
the fragrance takes me to my child-
hood kitchen
the day early but already hot
my mother kerchiefed and aproned,
wreathed in steam
those sweet or pungent fragrances
late summer days filled with fruits and

vegetables
ready to be put up for winter in their
turn:
berries and cherries, peaches and
pears, grapes and apples
peas and beans to shell or snap
corn to cut off the cob
while the ginger cat sat waiting for
his treat of milky kernels
succulent tomatoes to dip in boiling
water so their skins would fall away.
By fall rank on rank of mason jars,
multicolored and beautiful
filled the shelves of the fruit cellar
as my mother, farm raised, tempered
by poverty, rationing and lean years
made sure we'd eat through the com-
ing winter.

Today, I light a small candle with
memories of the fire of her providence:
a dozen jars filled with the sweet tart
essence of elderberry.

I almost hope it won't jell.

Mary Lavelle was recruited by
her high school sophomore English
teacher to compete in the Illinois state
speech contests in Extemporaneous
Poetry Reading. She fell in love
with the lyrics and music of poetry.

She is a member of a writing group
on Sanibel and has participated in
numerous Writer's Reads. ✨

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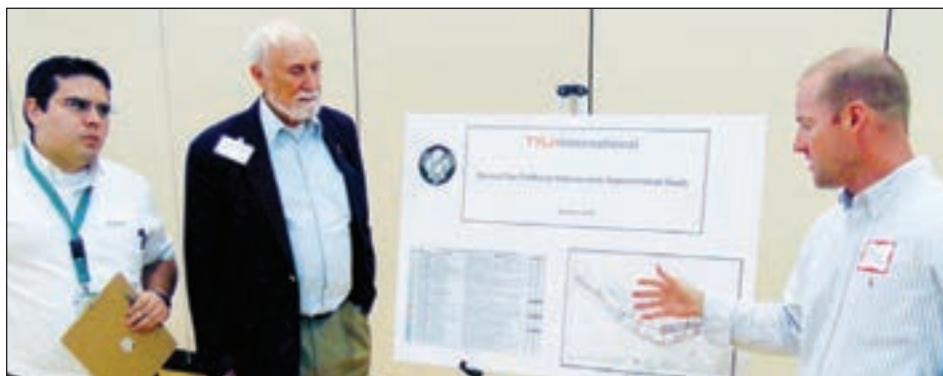
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Citizen Input Sought For Path Improvements



City Planner David Justiniano and Ty Lin International representative John LaPlante look on as Public Works Department Director Keith Williams reviews the findings of the Shared Use Pathway Intersection Improvement Study last week at the Sanibel Recreation Center

photos by Jeff Lysiak

by Jeff Lysiak

Last week, the City of Sanibel held an informational open house at the recreation center, sharing the findings of its recently-completed Shared Use Pathway Intersection Improvement Study and gathering feedback for local citizens of the results of the draft report.

The 31-page report discovered that more of the crash locations are located at or near driveways rather than at intersections. A total of 15 crashes occurred at or near driveways, while nine incidents occurred at intersections or mid-block crosswalks.

As a results of the report, city staff has evaluated the shared use pathway network to determine if there are techniques or spot improvements correctable by generally accepted engineering methods used in Florida and that are available to the City of Sanibel to enhance the current level of operation of the network.

"The City of Sanibel's shared use pathway network serves as a model of what can be accomplished by motivated citizens working in concert with their government to provide an amenity that not only serves its own citizens, but has become an attractor for visitors," the report reads, in part. "The pathway network is in generally good repair and has an enviable safety record (over 25 miles of shared use pathway with just 36 potentially correctable bicycle or pedestrian crashes in four years). In addition to having relatively few bicycle/pedestrian crashes given the close interactions of these more vulnerable road users with motor vehicles, only two listed crashes were so severe that they resulted in hospitalizations."

The study looked at 19 individual locations where pedestrian/bicycle traffic safety could be improved, offering an evaluation of the concerns and recommendations for several island locations including (among others):

- STOP pavement messages on pathways
- T-shaped bike path and driveway signage
- Mid-block crosswalks and signage



Keith Williams explains the benefits of mid-block crosswalk signs



Scott Krawczuk of the city's public works department explains a graphic to Sanibel residents Bob and Tiffany Green



The current crosswalk sign and the proposed high-visibility fluorescent yellow-green sign

- High-visibility fluorescent yellow-green crosswalk signage
- Parking lot entrance at Periwinkle Way and Lighthouse Park
- Intersection of Tarpon Bay Road at Sanibel-Captiva Road/Palm Ridge Road
- Entrance at JN "Ding" Darling NWR on Sanibel-Captiva Road
- Realignment of pathway at East Gulf Drive between Nerita Street and Elinor Way
- Pathways and crosswalks at Periwinkle Way at Dunlop Road, Periwinkle Way at Palm Ridge Road, Tarpon Bay Road at Lee Road, Sanibel-Captiva Road at Mangrove Lane and Casa Ybel Road at Algiers Lane
- Commercial driveway ingress/egress safety
- Ongoing active public awareness campaign
- Overgrown and low-hanging foliage, shrubs and trees

On October 22, the open house – which ran between 9 a.m. and noon as well as 3 to 7 p.m. – shared the results of the ongoing study through a number of maps, photographs, illustrations and additional visual aids.

"If there is one overriding conclusion that can be drawn from this research and report, it is that the City of Sanibel has a great shared use pathway system and we are pleased to be able to offer recommendations to assist in making it even better," the report added.

continued on page 16B



Pediatrician Dana Crater shared her educational and career background with eighth grade students at The Sanibel School during last week's Exploring Careers Enrichment Class

School Launches New Careers Class

by Jeff Lysiak

Blending the traditional career day presentation with 21st century technology, The Sanibel School recently launched its Exploring Careers

Enrichment Class, which offers middle school students the opportunity to interview professionals about their careers both via Skype and in person. Libby Payne, media specialist at the school, developed the class that allows her students to explore career options which run the gamut from law enforcement to marine biologist to cruise ship entertainer to helicopter pilot and beyond. "In this enrichment class, students are



Students listened, asked questions and took notes during Crater's presentation

learning more about what careers are available to them through technology," said Payne. "And this group is really interested in the STEM (science, technology, engineering and mathematics) spectrum, which is technology-focused." Last month, the class took part in its first Skype session and interviewed Jessica Dockery – a marine biologist from Key Largo, Florida – about her career. Subsequent Internet-based interviews have connected island youngsters with a web designer/marketing professional in Fort Myers, a media specialist in Cape Coral and an army helicopter med-evac pilot/trainer in Dubai.

Local attorney Jason Maughan, deep sea fishing charter captain Jim Branca, police officer Chris Dowaliby and pediatrician Dana Crater conducted their interviews with The Sanibel School's students the old fashioned way: in person.

On October 20, Crater shared her experiences of becoming a doctor with the group. "I didn't know that I wanted to be a doctor until I was in college, so you don't have to figure it all out right now," she




Dana Crater reacts to a question

said. "But I did know that I loved being around people, talking with kids and wanting to help." Crater told the class that becoming a doctor requires lots of education, plus several more years engaged in a residency program. "Medical school is four more years after college, but don't let that scare you because you only spend two years in the classroom," she added. "But it is hard because you're always studying and learning."

Payne's students posed several questions about Crater's career, including:

- What is a typical day like for you?
- What's your least favorite part of being a doctor?
- What schools did you go to?
- Would you want your kids to become doctors too?


Following each Exploring Careers Enrichment Class, the students are encouraged to write thank you notes to the interview participants. In his thank you note to Maughan, Mason Macalka wrote, "Thank you for being our interviewee and I loved to hear about what attorneys do. It seems very interesting. I would love to be one and I was so amazed by what they do." In her follow-up note to Christopher Graves, an entertainer who performs on cruise ships, Beru Pierce wrote, "Thank you for Skyping with us yesterday. It was very interesting to listen to your job. I



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Class instructor Libby Payne, center, introduces Dana Crater to the students



Attorney Jason Maughan spoke to the class on October 2 photo courtesy Libby Payne

have never been on a cruise ship because I'm claustrophobic and don't want to sink in the middle of the ocean."

Payne is pleased with the success seen thus far with the program.

"The best part about using technology like Skype is that our students are learning about and exploring careers they might not learn in a regular class," she added.✱



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Rotary Happenings

submitted by Shirley Jewell

Some of you may wonder how we lineup our fantastic speakers for our Friday morning meetings. To be honest, they come to us through various means but mostly through our member community connections or through business associates. This past week our guests, Aaron Getly and associate John Sterious from Joe Taylor Restoration, were invited to speak to the club by Rotarian, Angela Larson Roehl of Rosier Insurance on Sanibel. The Joe Taylor Restoration Company is an expert company addressing property damage caused by water, mold and fire. They handle water mitigation (i.e. emergency water extraction, state of the art applied structural drying, sewage clean-up and odor control and deodorization), mold remediation (i.e. content evaluation and remediation, moisture control and deodorization, content remediation and evaluation) and fire restoration (i.e. smoke, soot and odor removal, structural cleaning, content cleaning, and temporary protection). Taylor is the type of company you really don't want to think about... until you need them.

As Getly explained, 60 to 70 percent



of the insurance claims that they deal with are water related. Although the first thing that comes to mind is a flood caused by a storm or rising tides, there are many other reasons for water damage to our properties.

Picture this: the condo above you has a shower run-over or the unit's washer machine has a leak and before it really is discovered the water is dripping through your ceiling and walls. Water damage is not always discovered immediately and given time can promote mold growth behind ceilings and walls. The longer water sits undiscovered, the more damage it causes. How about your refrigerator's water dispenser connection breaks and you're away for the weekend, and when you return, you have about an inch of standing water throughout your kitchen and beyond... this definitely can cause damage. There are broken pipes, A/C malfunctions, hot water heater breakdowns and they all can cause water and mold problems.

Fire and smoke damage from even the smallest of fires can permeate the premises, while large menacing fires can cause structural concerns that need to be addressed. Although the fire department has put out the fire, industrial fire hoses do leak and cause water damage to floors, carpets and even walls. Getly cautioned that cleaning up after a fire yourself can cause even further damage. Soot is acidic and cleaning products are acidic; the combination can make the problem 10 times worse than the original damage. Hiring a professional cleaning crew that

specializes in water extraction and soot removal is a wise financial investment for property owners.

Taylor also handles biohazards such as excessive animal droppings, decaying animal carcasses and even addresses hoarding situations. This is done by cleaning, deodorizing and addressing the problem that may have caused these problems.

Joe Taylor Restoration has a well-established 13-year reputation with insurance companies throughout the state and is the preferred vendor for 45 insurance companies in Florida, servicing 11 counties throughout the state. Another important service that Taylor provides to insurance companies is reviewing estimates from other similar companies for services and advising those clients as to the fairness of the cost of these services. One estimate Getly told us about for restoration services by an unnamed company for a 2,000-square-foot home that came in at \$83,000. Taylor's estimate for the same services was \$3,000.

Joe Taylor Restoration invests in the most efficient and powerful up-to-date equipment and training its employees. When a call is made to Taylor, you can expect a call back within two hours, a



Joe Taylor
Restoration's Aaron
Getly

free inspection of the property, and they are ready to tackle your job immediately. Powerful water extractors, structural fans for drying, dehumidifiers and hygrometers to monitor moisture are at the ready. Moisture meters are used when water is the cause of damage, measuring all visible and behind surface moisture. This equipment is used to measure moisture before, during and after the cleanup process to make sure all moisture damage has been addressed and the areas have been repaired correctly.

For more information about Joe Taylor Restoration, contact John Sterious in the company's Lehigh Acre office via email at jsterious@jtrestitution.com. In case of an emergency, call 866-672-8559. They are available 24/7.

*The Sanibel-Captiva Rotary meets at 7 a.m., Friday mornings at the Sanibel Community House, Periwinkle Way. Guests are always welcomed.**

Read us online at
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CYCLIST'S RIGHTS (AND LEFTS)

Recent events have signaled a need for more awareness of bicyclist rights and rules while riding in Lee County, and on Sanibel in particular. By reiterating and educating riders and motorists alike, we hope to make cycling a safer pastime for all involved.

All cyclists must ride on the multi-use path: ☐ TRUE ☒ FALSE

Safety first:
A cyclist's choice of whether to ride on Sanibel's shared use path or on the road is primarily about safety. It's a **SHARED USE PATH**, meaning that it is used by more than just bikes. Bicycles share the Path with pedestrians, roller bladers, parents with strollers, people walking for exercise, and pets on leashes. The Path is used by all types of bikes and riders with different skill levels...from experienced to beginners, old and young, and families with small children. For the safety of path users, more "sporting" cyclists going at faster speeds often choose the road. Cyclists choosing to ride on the road must follow the same rules, signs and signals that control motor vehicles.

S.316.183--Unlawful Speed, 316.2065(5)(a)--Bicycle regulations

Road riding:
Sanibel roads don't have paved shoulders or bike lanes; therefore, the cyclist choosing to ride on the road will be in the travel lane. In Captiva, there are paved shoulders, so while many cyclists will prefer to ride on these shoulders (they are not marked or maintained as bike lanes so their use is not required), others will use the travel lane. On all roads, motorists are required by law to give a three foot clearance to cyclists when passing, and motorists may cross the yellow median line to comply with the "three foot law".

Section 21760 Three Feet for Safety Act

Sources:
Florida Bicycle Association
www.floridabicycle.org

Safety Office
Florida Department of Transportation
www.dot.state.fl.us/safety

Sponsored By:
The Sanibel Bicycle Club,
The Bike Bistro and
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Highlights Of The 4th Annual Let's Pink Out Sanibel & Captiva



Volunteers, supporters and breast cancer survivors took part in the 4th annual Let's Pink Out Sanibel & Captiva fundraiser and mobile mammogram event, held on Sunday afternoon at Sanibel Fire Station #1 on Palm Ridge Road. The Pink Out Party included dancing, refreshments, raffle drawings and mammograms for women. photos by Jeff Lysick



Bonnie and Richard McCurry of Sanibel Café deliver a donation to Mary Bondurant



David Flory of Island Ballroom offered free dance lessons



Fred and Marj Nordstrom with Mary Bondurant

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Cracker Fest Auction Items

The Sanibel-Captiva Chapter of Solutions To Avoid Red Tide (START) is excited to announce the items up for grabs at Cracker Fest's live auction this year.

Cracker Fest 2015 will be begin at 6 p.m. on Friday, November 6 at The Bait Box property on Sanibel. Tickets to the event are \$100 per person, which will include admission, dinner, beer and wine, live music, a 50/50 raffle, a silent auction and a live auction. All proceeds from this event go directly to funding local water quality and conservation initiatives.

If the Florida heat is getting to you, we have just the solution. A high end, installed Rheem air conditioning unit from our friends at Sanibel Air and Electric is up for bidding. This 16 Seer Rheem unit comes with all the equipment, installation and permitting. This system, valued at \$7,500, is sure to keep your home cool on even the hottest of days.

Have you ever wanted to experience historic Sanibel? Two authentic Charlie McCullough photos of life on "Old Sanibel" will be up for bidding. These beautiful photographs capture famous island residents of the past living their daily lives.

If you've got the itch to catch some fish, a full day of Gulf Stream fishing aboard *The Miss Britt* will take care of that. Captain Ray knows the fish to target and the methods to catch them no matter the season.

There is no better way to experience the waters around Sanibel than by boat. Explore the flats, canals, and mangrove forests of Sanibel from your very own 16-foot Dusky Marine V-hull. This 2014 Dusky has less than three hours of service and is equipped with an Evinrude 50hp E-Tec Trim and Tilt motor with a four-year factory warranty.

SanCap START would like to extend our gratitude to this years event sponsors: Bailey's General Store, Billy's Bikes, The Bait Box, SoonCome Landscaping, Sanibel Sea School, Sanibel Air and Electric, Big Red Q, Gulf Coast Palm and Tree, South Seas Island Resort, Doc Ford's, John Grey Painting, Island Cow Restaurant, Tween Waters Resort and Spa, Lazy Flamingo, Luc Century, Dan Hahn Custom Builders,



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Chris DeCosta, John Grey, Dorrie Hipschman and Lee Almas

Rotary Sponsors Free Day At Museum

The Sanibel-Captiva Rotary Club is sponsoring The Bailey-Matthews National Shell Museum's Free Admission Day on Saturday, November 14 from 10 a.m. to 5 p.m. Last week, Rotary Club President Chris DeCosta, Rotary of Sanibel-Captiva Trust Fund chair John Grey and Trust Fund member Lee Almas presented to the museum's Executive Director Dorrie Hipschman a \$2,000 check for this very special event celebrating the 20th anniversary of the shell museum.

The day will be filled with family-friendly activities including scavenger hunts, hourly live-tank demonstrations, and arts and crafts projects. Birthday cake by Bailey's General Store will be served beginning at 11:30 a.m. until it runs out. And each visiting family will receive a special birthday gift to take home (while supplies last).

"For our birthday we've decided to give a gift back to our community - we're grateful for the support of our many friends who make everything we do possible," said Hipschman. "Let's take some time before 'season' arrives to celebrate the past and envision the future."

Satellite parking and shuttle will be available at SCCF for this event.✱

HORTOONS



Sustainable Seafood

October is National Seafood Month, a topic of particular importance to the coastal community. Everyone should enjoy the bounties of the sea this month, but also be aware of the choices you make when it comes to seafood, and whether those choices are sustainable.

Sustainable seafood is seafood that is caught or farmed with methods that look out for the future - methods that are ocean-friendly and keep the livelihoods of fishermen and the long-term health of fish populations in mind. If you want information about safe, sustainable options in the areak, visit the Monterey Bay Aquarium Seafood Watch website. They offer printable cards that can help you make responsible decisions at the fish counter.

When shopping for seafood, do your best to make healthy choices for the ocean and for future generations. And be sure to keep an eye out for more news about the Solutions To Avoid Red Tide (START) Seafood Savvy program, coming to local restaurants this season✱

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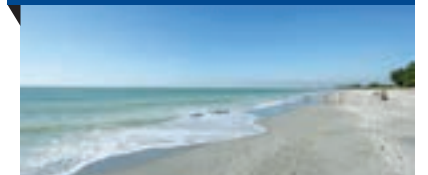
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Baileyfest Celebrates Island Community



Jackson McKee and Camryn Peach, the king and queen of the 30th annual Baileyfest, arrived at the event on Sunday afternoon via a Kubota tractor, driven by Billy Kirkland
photos by Jeff Lysiak



The BIG ARTS Community Chorus performed several songs, including *The Star-Spangled Banner*



FGCU students, from left, Shayla Reighter, Andrew Dover, Erin Gilliland, Paula Quezada and Rebecca Spiece, volunteered at Baileyfest for CROW



Sanibel Mayor Kevin Ruane welcomed the crowd



The Beach Piez team, from left, Desiree Liggio, Colleen O'Keefe, Taylor Rae and Chuck Bergstrom



The Diamonettes - Nikki Wright and Sandie Klein - performed *We Are Family*



Dancers from the Kellyn Celtic Arts Irish Dance Academy performed



CECI Alumni parents Brant and Melissa Kotel and Nicki and David Lackenby catching up since their kids are in different elementary schools now



CECI Director Cindy DeCosta with the 50/50 raffle winner Mary Bowman, who donated her \$600 winnings back to the preschool

Pig Roast At Children's Center A Big Success

The Children's Education Center (CECI) of the Islands preschool fundraiser, Pigs in Paradise, included lots of food, fun and laughter on Sunday, October 18. This well-attended event featured a silent auction, 50/50 raffle, separate children's play room and great food. The pigs had been roasting all day inviting passers-by to come and look and ask what was happening later at The Community House. Pigs in Paradise raised money for the school's scholarship fund and capital improvements for an aging building. The event brought 100 percent family participation from current CECI families. The center thanks its many sponsors, volunteers and attendees for making it a day to remember. ✨



Ms. Joy and Ms. Mandy, CECI's teachers of the 3-year-old class



Local attorneys Jason Holtz and Chris DeCosta not only sponsored the pig roast, but roasted one of the pigs



CECI supporters from the Sanibel-Captive Kiwanis Club, Ed Ridlehoover, Jerry Edelman, John Morse, Dick Muench, Tom Louwers and Billy Kirkland



Young 'tweens express their surprise as they look at the pig on the spit, realizing that their food really doesn't come from a black Styrofoam container, it is an actual animal



Kelly Young, president of the CECI Board of Directors, Cindy DeCosta, executive director of CECI, Vanessa Flynt, CECI board member



Firemen John Griffith, Ron Ritchie and Robert Doerr attended with their fire truck to make sure all was safe for the pig roast



CECI alumni parents Jason Maughan, Paul Tritaik and Rene Milville



Michelle Tabbernee, Linda von Wownen and Carrie Dunn returned to their children's preschool for the cookout



Front row, from left, D.J. Jenkins, Roman Lerner, Hunter Stirner, Bailey Drobnyk, Milena Weigel and Lilly Doster. Second row, Alayna Aracri, Matthew Dunn Back row: Diane Cortese, Savannah Nippa, Daisy Arensman, Elaina Suslick, Tylor Stewart, Ann Franke and Jaime Reid.

Students Run In 10K Race 4 FISH

The Sanibel School students who participated in the 10K Race 4 FISH ran a wonderful race, with several team members placing in their age categories:

Jaime Reid (assistant principal) – 2nd place

Elaina Suslick – 2nd place

D.J. Jenkins – 2nd place

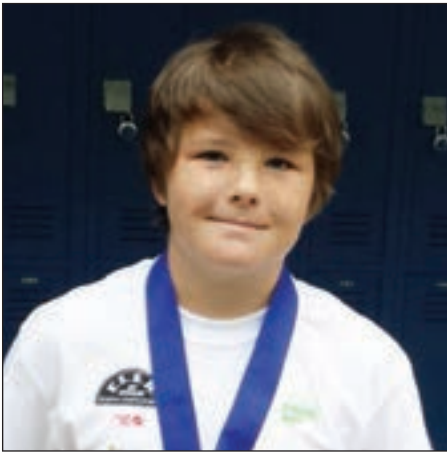
Lilly Doster – 1st place

Matthew Dunn – 2nd place

Hudson Stirner – 1st place

Roman Lerner – 1st place

Daisy Arensman – 2nd place✱



Ben Arensman

Sanibel Captiva Community Bank Supports Colonial Elementary School

Sanibel Captiva Community Bank contributed \$1,000 to Colonial Elementary School to bring the Drum Magic performance to students. Drum Magic provides interactive hands-on drum circle experiences in the classroom with the goal of reducing fear, anxiety and insecurities among students of all ages. A fun and cutting-edge team building exercise, the Drum Magic circle also is used in a variety of corporate and community environments for synchronization of thought processes, intuitive development, stress release and the dissolving of racial, cultural, gender and age barriers.

“Colonial Elementary seeks fun educational opportunities for its students,” said bank president and CEO Craig Albert. “We are proud to sponsor their efforts to provide their students with a different type of learning experience.”

For more information, visit www.sancapbank.com.



Dr. Marsha Bur, Colonial Elementary principal, and David Hall, Sanibel Captiva Community Bank Executive VP, CFO and COO

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Red Sox Skipper John Farrell's Cancer Is In Remission And He Is Back To Work



by Ed Frank

While there's no World Series this year for the Boston Red Sox, the Red Sox family and faithful received good news recently when their likeable and talented manager, John Farrell, announced that his cancer is in remission after undergoing eight weeks of intensive chemotherapy for Stage One lymphoma.

In fact, he said he feels so good that he flew to Arizona this week for meetings with team officials to evaluate club personnel and begin the offseason planning for next year.

"I'm really excited about getting back to work," he told reporters before leaving for Arizona.

His cancer was discovered during routine hernia surgery in August. He left the dug-out on August 14 to begin treatment immediately to combat the aggressive form of the disease.

Farrell said he appreciates the well wishes he received from hundreds of friends and fans during the ordeal. He even heard from diehard Yankee fans who, despite their dislike for the Red Sox, wished him well.

"But I'm back to walking two to three miles a day four to five times a week to rebuild my strength. My appetite is great and there are no restrictions," he said.

His close friend, Terry Francona, a former Red Sox manager and now manager of the Cleveland Indians, talked to him every day. Ironically, Francona's Indians arrived in Boston for their only visit of the year on the very day that Farrell revealed his cancer diagnosis.

"I can't thank Tito enough for the support he showed," Farrell said.

As a footnote to Red Sox news, their recently-departed general manager, Ben Cherrington, announced that he has taken an executive in residence position with Columbia University as an instructor in sports leadership. It is a part-time position for Cherrington, who hasn't ruled out returning full time to baseball in the future.

And another baseball general manager, Ruben Amaro, Jr., has been officially named first base coach for the Red Sox. He is the former Philadelphia Phillies GM.

Hammond Stadium Earns National Accolades

The massive renovation of the 25-year-old Hammond Stadium, a major part of the \$48.5-million upgrade of the entire CenturyLink Sports Complex in Fort Myers, has

been named the Best Major Ballpark Renovation of 2015 by *Ballpark Digest*.

The two-year project that was completed just prior to this year's spring training included a 360-degree outfield boardwalk, new concessions, a two-level team store, widened concourses, new suites with outdoor seating, the creation of a grand entry, improved player facilities with renovated locker rooms, training rooms, gym and hydro-therapy areas.

The Lee County-owned complex has been the spring training home of the Minnesota Twins for 25 years. In addition, the Twins Advanced A minor league franchise – the Fort Myers Miracle – has utilized the facility as its' home field since 1992.

Everblades Off To Fast Start

Since the franchise was founded in 1998, the Florida Everblades year in and year out have been highly competitive. It appears the 2015-16 season will not be different.

The Everblades began the week with a 4-2 record in the young season and held a first-place standing in the ECHL South Division.

Florida is home tonight, Friday, at Germain Arena in Estero hosting South Carolina at 7:30 p.m.

Following tonight's contest, the local hockey team begins a five-game road trip to South Carolina, Orlando and Atlanta before returning home November 13 to face Idaho.*

SPORTS QUIZ

1. Who was the first designated hitter to hit a home run in 1973, the debut year for the DH in the American League?
2. How many managers did the Chicago Cubs have during the 1990s?
3. Entering 2015, who held the Ohio State record for most TD passes in one game?
4. Of Charles Barkley and Michael Jordan, which one attempted more 3-point shots during his NBA career?
5. Which goaltender has recorded the most saves in a season for the Tampa Bay Lightning?
6. During the 1990s, three drivers won the Indianapolis 500 after starting in the pole position. Name two of them.
7. Who was the last Japanese men's tennis player to reach the semifinals of the French Open?

ANSWERS

1. Minnesota's Tony Oliva, against Oakland. 2. Six -- Don Zimmer (1990-91), Joe Alibelli ('91), Jim Es-
threw six against Florida A&M in 2013, and J.T. Barrett did the same against Kent State in 2014. 4. Barkley
attempted 2,020 (making 538); Jordan, 1,778 (making 581). 5. Nikolai Khabibulin had 1,761 saves in the 2001-
02 season. 6. Rick Mears (1991), Al Unser Jr. (1994) and Arie Luyendyk (1997). 7. Jiro Satou, in 1933.

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Pig Roast At CECI



Paul and Rachel Tritaik



Ryan Rondina with his daughter, CECI student Olivia

FGCU Veteran's Day 5K Run/Walk

Counseling and Psychological Services (CAPS) at Florida Gulf Coast University (FGCU), in collaboration with the Students Who Served Organization, will host the 2nd annual Veteran's Day 5K Run/Walk Wednesday, November 11 at 8 a.m. on the FGCU campus.

FGCU is partnering with Massachusetts General Hospital and Red Sox Home Base Program this year, and all proceeds will be donated to both the Wounded Warrior Project and the Home Base Program. The event will honor and advocate for U.S. veterans, raise funds for the Wounded Warrior Project, and provide a platform for veterans to participate and feel connected to the community.

To register online, go to www.active.com/fort-myers-fl/running/distance-running-races/veteran-s-day-5k-2015.

For sponsorship and donation opportunities, call the CAPS office at 590-

7950 or email Kelly Rubin at krubin@fgcu.edu or Jeniffer Herrera-Andujar at jhererra@fgcu.edu.

Swing For Hope Fundraiser

The Sanctuary Golf Club, in conjunction with Title Sponsor Lily & Co. Jewelers, will present the Hope Hospice tennis fundraiser Swing For Hope on Saturday, November 14 from 9:30 a.m. to 3 p.m.

The event will feature an IMG Tennis Clinic with famed coach and Tennis Hall of Famer Nick Bollettieri, along with IMG Academy Pros. The Doubles Tie-Break Round Robin Tournament will also include brunch and refreshments.

Sign up now as a player (\$100) or be a guest (\$50) at the fundraiser, with all proceeds to benefit Hope Hospice. To register, donate to or sponsor the event, contact Christine Bradley at 472-5276 or Dan Schuyler at 472-2888.

SANIBEL 8-BALL POOL LEAGUE 2015-16
Standings through October 26

Standing	Team Name	Won	Lost
First	Sanibel Café	35	25
Second	Sandycappers	32	28
Third	Bunt's Ball Busters	30	30
Fourth	Fresh Legion Crew	23	37

October 26 Results

Sandycappers	14	Fresh Legion Crew	6
Bunt's Ball Busters	11	Sanibel Café	9

Sanibel 8-Ball Pool League

Sandycappers Move Up In Standings

Led by Gary Murza's four wins over Becky Skog, the Sandycapper shooters submerged Fresh Legion Crew, 14-6, and took over second place in the Sanibel 8-Ball Pool League. Murza had strong support from Jack Dalton and Kevin Pottorf, who posted 3-1 victories, plus Jeff Brown and John Riegert with two wins each.

In an attempt to maintain momentum from last week's surprising 11-9 upset of Bunt's Ball Buster's Legion Captain Gator Gates played seven players. The

experiment left much to be desired. The Legion's Matt Hall was permitted to play only two games, but he won them both.

Although Bunt's Ball Busters beat the league-leading Sanibel Café shooters, 11-9, they dropped into third place. Jack Cunningham, Mike DeWitt and Dave Doane racked up 3-1 victories over Rich McCurry, Kelly Greten and Graham Sell. Jimbo Gaubatz and Pete Mindel produced 3-1 wins over Ball Buster shooters Rich Ennis and Bob Buntrock.

The night's high points included a rare safety shot by Jimbo Gaubatz, pale blue tennis shoes accented by iridescent greenish-yellow shoelaces worn by Gary Murza, a break-and-run in his first game by Mike DeWitt (who flew in from Denver for his match), and the masterful three wins by Jack Cunningham, who had just returned for a vacation in Israel and Egypt.

Play Pick-Up Softball On Monday Nights

Meet and play softball with your friendly Sanibel neighbors. Pick-up softball games start up on Monday, November 2 at the Sanibel ball fields and will be held every Monday night at 6 p.m., weather permitting. This recreational

continued on page 15B



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Sanibel Captiva Trust Company

Current Outlook: Be Careful, Not Fearful



by Richard E. Pyle,
CFA, President The
Sanibel Captiva
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We continue to expect the economy to show encouraging, though sometimes volatile, results over the coming

months. This is despite the occasionally unnerving headlines regarding China, Greece, Russia, ISIS, Syria, Iraq and oil prices. The Euro-Zone debt crisis concerns have receded, though growth there remains slow. More recently, fears of a Chinese economic "hard landing" have re-surfaced as a result of the poorly handled plunge in their equity markets. Meanwhile, interest rates around most of the world are generally falling, not rising.

Many issues having to do with U.S. fiscal and monetary policy that were vexing markets three years ago have been constructively resolved. These include the federal budget debates as well as concerns over the initial actions of Federal Reserve Board Chair Janet Yellen. We expect short-term interest rates to rise

only grudgingly beginning in the last quarter of this year.

We have been tracking the political landscape, as well, and the recent change in congressional leadership. While we watch in earnest the "long slog" toward the 2016 election, we do not think much has changed with respect to Washington's ability to reach compromises. Some negotiations may be successful on select issues, but we foresee nothing that materially changes the outlook we had prior to last year's election. We are following the debate taking shape with regard to comprehensive tax reform legislation, which could be considered before year's end. While we view it as a long-shot, a bill to simplify the tax code and deal with the repatriation of corporate cash from overseas would be both beneficial and a surprise.

We could also be pleasantly surprised by an improvement in equity prices in 2015 and 2016 given the relatively low valuations compared to fixed-income alternatives. As always, it's best to be careful, but not fearful. We remain comfortable with our outlook for moderate economic and profit growth as well as for relatively low inflation and interest rates worldwide in 2015-16. Generally, such conditions are a prescription for rising demand for equities. Stabilization both in the value of the U.S. dollar and the price of oil will go far in 2016 toward becoming a tailwind to profit growth after their negative effects this year.

Investors are meanwhile struggling with the impact of lower-than-average worldwide economic growth. The col-

lapse in commodity prices combined with excess capacity are reflections of this sub-par growth environment. This supply/demand dynamic is expected to continue for an extended period of time. We continue to suggest a strategy of asset accumulation through investments in high-quality businesses not heavily dependent on surging growth and inflation.

Also, given the low return investors are receiving from fixed-income securities, we continue to look for fixed-income alternatives that can meet clients' current income needs. With underlying growth expected to be slow and inflation and interest rates low for the foreseeable future, our current outlook means that such "outside the box" investment thinking will be in great demand.✱

FSW Hosts Family Math Night November 17

The Florida SouthWestern State College (FSW) School of Education will present Family Math Night on Tuesday, November 17 from 5:45 to 7:30 p.m. in Building U at the FSW Thomas Edison Campus, located at 8099 College Parkway in Fort Myers. Students in kindergarten through the fifth grade are encouraged to attend this free family-oriented event centered on fun math games.

The purpose of the event is to show students and parents that math is fun.

Attending families will play games created by FSW School of Education teacher candidates. This free event is open to the public. Students are encouraged to register at familymathnight@fsw.edu.

"Learning mathematics successfully requires a joint effort between home and school," said Mary Robertson, FSW Professor of Mathematics Education.

"College research shows students that work cooperatively with their parents have higher academic achievement." For more information about Family Math Night at FSW, contact Mary Robertson at 432-5212 or mary.robertson@fsw.edu.✱

From page 14B

Pick-Up Softball

opportunity is available to anyone ages 18 and over of all ability levels. There is no fee to participate; just bring your glove. Players must wear closed toe-shoes; no metal cleats of any type may be worn, and no sandals or bare feet.

If you have any questions or for more information, contact Recreation Assistant Char Durand at charlotte.durand@mysanibel.com or call the Sanibel Recreation Center at 472-0345.✱

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HAPPY HALLOWEEN!

Sanibel Day Spa Collects Donations For Wounded Warrior Project



Sanibel Day Spa team

Sanibel Day Spa has partnered with Paul Brown Haircare to collect donations for The Wounded Warrior Project, now through Veterans Day, November 11. Sanibel Day Spa, located inside of Periwinkle Place Shops, encourages all current and new clients to stop by, get pampered and donate to the veterans charity organization as part of Paul Brown's fundraising event Shear Appreciation: Salons Honoring Those Who Serve. Donors will be asked to place their donation in a jar and to fill out a slip for the chance to win a Paul Brown Hair Care basket. The winner will be selected on November 12.

The Wounded Warrior Project (WWP) honors service members who risked their lives for the safety and freedom of our country. WWP has a big, audacious goal: to foster the most successful, well-adjusted generation of wounded service members in the nation's history. Every effort and donation counts. Whether \$5, \$10, \$25 or \$100,

each gift makes a difference to helping wounded service members and their families.

Sanibel Day Spa challenges the Southwest Florida community to help WWP reach this goal. Please join the effort and give what you can by donating in person, or online at <https://fundraise.woundedwarriorproject.org/rtt/Fundraising/individual/Event32234>.

Sanibel Day Spa is located at 2075 Periwinkle Way on Sanibel. Call 395-2220 or email info@sanibeldayspa.com for more information.✱

From page 1B

Path Improvements

Keith Williams, the city's public works department director, shared the findings of the study with citizens throughout the open house. He said that while some of the recommended changes will have their own challenges, the feedback from island residents is crucial to making those changes more accepted throughout the community.

"The biggest challenge is getting written input back from our citizens and getting those comments down in writing so we can evaluate them," said Williams, who noted that as of last week, more than 125 people – including residents (both full-time and part-time) and visitors – had offered their feedback online.

Williams added that he will present a brief report on the Shared Use Pathway

Intersection Improvement Study during next week's city council meeting; a more detailed report on the study, along with public feedback, will be presented during the council's December session.

Other city employees represented at last week's open house included the planning, public works and natural resources departments, administrative staff and the Sanibel Police Department.

Island residents may view the Shared Use Path Intersection Improvement Study online at <http://www.mysanibel.us/survey/20151006/Recommendations-for-Sanibel-Shared-rev18.pdf>. Feedback may be provided in writing by mail or in person to:

Sanibel City Hall
800 Dunlop Road
Sanibel, FL 33957

For more information or questions, call Keith Williams, Director of Public Works, at 472-6397 or send an email to Keith.Williams@mysanibel.com.✱

Adams' Photo Selected For 2016 Visitor Guide

The Sanibel & Captiva Islands Chamber of Commerce unveiled the cover for the upcoming edition of the Chamber Visitor Guide at their October 13 luncheon held at the Captiva Island Yacht Club. This year's cover photo reflects iconic Island images and was taken by long time Sanibel resident and professional photographer Nick Adams of Nick Adams Photography.

Southwest Florida Distributing and Publishing has printed the annual Chamber Visitor Guide for the past 14 years. They publish more than 125,000 copies yearly for distribution in the Visitor Center and beyond.

Making sure the cover art reflects the beauty and uniqueness of our island has always been of paramount consideration. Over the years, the island's many talented local artists and photographers have submitted cover art.

The past two years, the chamber has involved the public in selecting the cover by soliciting photos from talented Island photographers and having the public over a period of two weeks vote for their favorite via Facebook and newsletter opportunities. This year, photos were submitted by: Nick Adams Photography (winning submission), Jan Pearson-Graham (Grand Affair Photography), Denise McKee (L-3 Beach Photography), Milissa Sprecher (Milissa Sprecher Photography) and Jonathan Tongyai (Island Photography).

For many years, Adams has taken beautiful photos of the islands he calls



Photographer Nick Adams, Alex Bustamante of Southwest Florida Distributing and Publishing, and Mark Anderson, Sanibel & Captiva Island Chamber of Commerce board chairman unveil the 2016 edition of the Sanibel & Captiva Island Chamber of Commerce Visitor Guide at Captiva Island Yacht Club

home. "Having lived on Sanibel for years, I consider *The Chamber Visitor Guide* my hometown magazine, he said. "I'm pleased to support the chamber and local businesses with my photography."

The Sanibel & Captiva Islands Chamber is pleased to have Adams' image grace the front cover.✱

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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My child hates Halloween. He is an anxious child and he does not want to go to school for the party and festivities. I'm kind of embarrassed about this, what should I do?

Cynthia Z., Cape Coral

Cynthia,

There is nothing to be embarrassed about. Halloween can be a real stressor for kids and parents. Supposedly, the reason parents put up with the fuss is the sheer joy that children derive from the holiday. So while many children do enjoy Halloween and the requisite festivities, plenty of others find the holiday quite challenging. For kids who have challenges acting appropriately, dealing with surprises and disappointments, following directions, getting along with peers or resisting the impulse to consume all their spoils on the spot, Halloween can be a disaster.

There are some things that you can do to address your son's anxiety. As I am sure you know, routine and anticipatory guidance help those with anxiety. Make sure your child understands exactly what will happen and what is required of him. Go out early to avoid the "mayhem" of later hours, and give as much information about the timetable as possible. If a little chaos is unavoidable, kids with anxiety will likely be reassured by a return to routine at home afterwards, like a regular bedtime story or activity.

There are some real fears associated with Halloween for young children who still have trouble distinguishing fantasy from reality. They could get a very unpleasant surprise, particularly if they have specific phobias or anxiety associated with Halloween images like witches or monsters. Also parents should be aware that older children passing into their "tweens" are developing a better

understanding of death especially in light of all the school shootings. The holiday could be unsettling for them.

Make sure that the costume your child will wear especially if he has sensory issues will meet his needs. For some kids, particularly those with sensory issues, the wrong item of clothing can destroy a wonderful night – for you and for them. Many parents have concerns about the sexy or gruesome Halloween costumes marketed to kids. So be cautious with the costume choices.

Halloween is supposed to be fun, but going out or dressing in costume isn't required. The comfort and joy of your child should come first. If this isn't the year for your child to trick or treat or for him to be able to handle extended activities with peers, there is always next year. Make sure that his teacher is aware of your child's apprehension. You may want to ask her if he can miss the party at school.

If you choose to stay at home, have a clear agreement about who will speak and when at the door, so that anxious kids know what's expected of them. Should you decide to stay in, your child can still participate from a safe place and gain some social experience, even if it's not a lot. Remember, this night is supposed to be fun, but it can also be a learning experience for a child that allows them to enjoy it more fully in the future.

You may just want to make up your own customs for the day. Pumpkin carving, pizza for dinner and spending the evening together at home as a family may just be the right thing to do for your son this year. If having your own routine makes both you and your son less anxious about Halloween, celebrating in your own way may make this a holiday one to enjoy.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Superior Interiors

Doing It Right The First Time



by Marcia Feeney

It's sad but true – cutting corners by deciding not to work with a professional interior decorator can often cost you more time and money in the long run. Today, more and more homeowners are

enlisting the services of interior decorator and designers.

Because custom designs are so popular, professional decorators know how to work with your budget, your lifestyle and

your design vision in mind.

If you are considering using a decorator, there are some basic guidelines you should follow before your project actually begins:

- Take a tour of your home with the decorator so you both can determine the size of the project.
- Discuss your family's lifestyle with your decorator. How do you want your house to feel?
- How do you entertain? Do you have kids and pets in your household?
- It's wise to set a realistic timetable for completion, especially with a large project.
- Establish your decorating priorities. Which rooms are the most important for you to complete?
- Determining a budget and sharing it with your decorator is essential. If you have never decorated before, or have not done so in many years, they can easily give you guidelines to help you determine a budget.

continued on page 22B

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Presented By



Craig R. Hersch
Florida Bar Board
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Mexican Pizza

1 whole-wheat pizza crust, baked and ready to be topped
1/2 cup salsa
1 cup fresh Florida corn kernels
1 cup Florida avocado, diced
1 cup fresh Florida tomatoes, diced
2 cups jack cheese, grated
1/4 cup fresh cilantro, chopped
Preheat oven to 375 degrees F.
Evenly distribute the salsa over the cooked whole-wheat pizza dough.
Top the pizza with the corn, avocado, tomatoes and cheese.
Bake for 10 to 15 minutes or until bubbly.
Let cool slightly.
Garnish with fresh cilantro.*



Mexican Pizza

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Will Power

Distributing More Trust Income In A Low Yield Environment



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

“Laura” complained that she wasn’t receiving enough income from her deceased husband’s (Victor’s) marital trust that he established for her benefit. She wondered whether anything could be done to increase the trust distributions. It was a conundrum since she was also the trustee and had a duty not only to maximize income for herself, but to invest in such a way that also achieves some growth for Victor’s children who are the remaindermen beneficiaries (those that inherit after Laura passes).

As an example, assume that the marital trust has \$1 million of cash, stocks, bonds, and mutual funds. If Laura invested all of that into only income producing assets in today’s low yield environment, she might get an average return of 3 percent. That would equate to thirty thousand dollars (\$30,000) of annual income. She would also be violating her fiduciary duty since there would be little or no growth in the portfolio. Victor’s children would be losing to inflation over the course of Laura’s lifetime.

Suppose instead Laura invests the marital trust portfolio in an equal mix of growth stocks and income producing assets. Assume the growth stocks generate 7 percent growth and the income generates 3 percent. In my example, the portfolio would have unrealized capital gains of approximately \$35,000 (7 percent multiplied by \$500,000) and income of \$15,000 (3 percent multiplied by \$500,000).

This result drops Laura’s income to only \$15,000 annually as capital gains are not distributed as income, rather they are reinvested as principle. While she achieves the growth for Victor’s children, she does so at her own expense as the income falls by half.

Are there any options available?

Florida law does provide a very good option. Our statutes allow an income trust (the marital trust which Laura receives in this example) to be converted into a “total return unitrust” which works to benefit all of the parties in a low income yield environment such as what we have currently in the United States.

What is a total return unitrust? A total return unitrust values the trust annually and then distributes a fixed percentage (between 3 and 5 percent) annually to the income

beneficiary, regardless of the actual income from the trust. This frees the trustee to mix the investments between growth and income to achieve the best possible return given the beneficiaries’ risk tolerance.

Using Laura’s example above, the unitrust percentage would likely be fixed around 3 percent since it is tied to an IRS floating interest rate that adjusts annually. What this accomplishes is to get Laura her \$30,000 of income while allowing her to invest for growth as well.

At the end of the day here’s what would happen: Laura invests for growth and for income as I indicated above. So the total investment return for the year is \$50,000 as calculated above. Laura receives \$30,000 of income (\$15,000 dividends and interest plus another \$15,000 of capital gains.) The trust grows by \$20,000 (the net between the growth and the distributions).

The next year, the 3 percent is calculated on the new balance of \$1,020,000. So the distribution to Laura would increase slightly. Everyone is a winner.

You may wonder what happens if yields increase substantially. Under the same Florida law used to convert the trust from an income trust to a total return unitrust the trustee can reconvert it back to an income trust. So if yields went up to 7 or 8 percent and it would be better for all of the beneficiaries if the trust returned to a straight income trust, then that can be done as well.

As you might conclude, there are many details to this technique that I had to gloss over to make it fit into the space allotted for this column. But if you are a beneficiary of a trust that just isn’t achieving its income or growth goals, you may want to consider asking your estate attorney if the total return unitrust concept would improve the situation for everyone.

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From page 8B

Baileyfest



Baileyfest offered many inflatable activities for youngsters, including jousting



Attendees got to meet Trouper the blind raccoon and his handler, Dot Lee



Dave DeFonzo of the Sanibel Recreation Center oversaw the football toss game



Kirill Bykov, center, last year's Baileyfest king, crowns this year's queen Camryn Peach as new king Jackson McKee looks on

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ISLAND SUN BUSINESS NEWSMAKERS



Lissette Tineo Vito Bauer Jim Westerfield Jack Richert



Beth Kindt Rebecca Levitan Charlene Griffith

Veteran Agents Join Royal Shell

Don DeLuca, broker of Royal Shell Real Estate, announced that top producing veteran agents Lissette Tineo, Vito Bauer, Beth Kindt, Rebecca Levitan, Jim Westerfield, Jack Richert

and Charlene Griffith have joined Royal Shell Real Estate, Inc. "Royal Shell Real Estate requires our agents to have specialized knowledge as to insure superior service," said Michael Polly, vice president of Royal Shell Real Estate. "We are honored to add James Warren, Debbie Jackson, John Nicholson, Jason Lomano, Theresa Lomano, Susan Glasser, Betsy Belpedio, Danielle Jones and Mark Semeraro to our already strong group of agents. Our buyers and sellers will be well represented with the addition of these professionals to the Royal Shell Real Estate team of expert Realtors." ✨

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Eden Energy Medicine

Eyes Dull And Hazy? Hold Heart Source Point



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Last week, we learned about Source Acupoints, which are reservoirs of energy on each meridian and thus influence the associ-

ated organ. Today, let's focus on some imbalances that might warrant saying hello to our Heart 7 Source point. These are just a smattering, but they make the point. Blood pressure, excessive perspiration, overheating, rashes or gives, hot flashes, erratic pulse, vertigo, fainting spells, palpitations, angina – all reflective of excessive energy. You might experience the following for deficient heart energy: pale or ashen complexion, ringing in ears, insomnia, heartburn, exhaustion, lightheadedness, congestive heart failure, lack of spontaneity, fear of falling, loss of passion or fear of rejection. These are just a few issues that might warrant Heart 7's use.

The Yellow Emperor's Classic on Chinese medicine states this about the heart: "The heart is the sovereign of all organs and represents the consciousness of one's being. It is responsible for intelligence, wisdom and spiritual transformation." Chinese medicine also suggests

that heart spirit (Shen) is reflected in the eyes and if they sparkle and shine, then the Shen is strong; but if the eyes are dull or hazy, the Shen is weak and in need of attention. This organ is pretty impressive, aye? So, if we have such issues, it is nice to have a tool to assist the balancing of heart energy. Heart 7 Source point is the tool!

Like all acupoints, Heart 7 is in a "divot" or hollow. To locate, look at the palm of the hand and bend the wrist toward you. Notice as you flex the wrist back and forth, small hollows at the wrist are apparent. Since the heart meridian begins at the arm pit and ends on the little finger, the Heart 7 Source point is located on the wrist in direct line with the little finger. Hold this point for one or two minutes during one of the episodes noted above and watch the energy shift. Hold until you feel nice pulses under your fingers, with the middle finger being the preference. Try holding both sides at the same time if very flexible. One of my clients loves to hold this point whenever she goes to concerts, to keep her anxiety under control. Or it may be used to relieve feelings of anxiety, nervousness, agitation or restlessness... there are so many possibilities. As you bring the Shen back into balance, observe the sparkle return to your eyes. Play with it, it truly works.

Have fun with your energy. Next week's topic is Hemorrhoids or Varicose Veins? – Hold Spleen Source Point.

*If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I think I may have social anxiety. Can you describe what this is?

A: Social anxiety, or social phobia, is when a person has excessive or unreasonable fear of social situations. Self-consciousness arises out of a fear of being watched, judged or criticized. It's when someone is afraid that he/she will make mistakes, look bad or be embarrassed or humiliated in front of others. Someone who suffers from this also may have anticipatory anxiety, a fear of a situation or event days or weeks before it even happens. usually the person is aware of this, yet is not able to overcome it.

This distorted thinking can negatively interfere with daily life and be debilitating. You may want to talk with a professional and have an evaluation to determine the degree of your anxiety. A common treatment is Cognitive Behavioral Therapy, which can help one think more rationally and how to handle situations that cause anxiety.

Counseling can also be effective to

help with increasing social skills, decreasing anxiety by increasing self-esteem and learning relaxation techniques and breathing techniques for relaxation. Some anxiety disorders are also treated with medication, depending on the severity of the anxiety.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.**

FISH Offers Budgeting Workshop

John Johnson, branch manager and Sherri Prange, teller, from Wells Fargo Bank on Sanibel will be facilitating a budgeting workshop on Wednesday, November 4 from 6 to 7:30 p.m. at the FISH Walk-In Center, located at 2430 Periwinkle Way. Admission to this workshop is complimentary.

Johnson speaks to individuals and groups about budgeting and money management. Both Johnson and Prange will discuss ways to evaluate income and develop a basic budget and methods to manage money more efficiently.

RSVP to Christine or Jessi at FISH of SanCap at 472-4775.*

Lily & Co. Jewelers Hosts Mazza Fall Fest Show

Steven Mazza is a fifth-generation jeweler whose family has been crafting fine pieces of jewelry since the 1840s in a small town near Naples, Italy. It started with coral, which they harvested, then hand-carved, but are now recognized for their use of color gemstones.

"Everything we do is nature inspired" said Mazza, who will visit Lily & Co. Jewelers from November 5 to 7 for the popular Fall Fest Show. "We try to keep things in their natural state for very colorful jewelry a woman can wear to express her individual personality."


"We are pleased to host Steve Mazza, who is back by popular demand" said Lily & Co. owners Dan Schuyler and Karen Bell. "It will be an exceptional start to the season with a sneak peek at the latest fall styles in time for the holidays."

Mazza designs are inspired by architecture or the element itself, such as shells or pearls, to create fashionable pieces. So pieces are not trendy to the point of in one season and out the next, Mazza focuses on color. A few years ago, wood was introduced to the line – ebony, rosewood and zebra wood – to make something unexpected in jewelry.

Mazza has also long known the beauty of natural shells like the ones strewn on the beaches of Sanibel. They are always incorporated into his collections. "It crosses demographics, from young to old, in the same way people are drawn to the sea," he added.

The Fall Fest Show will offer a sneak peek at the latest Mazza collection. Dazzle family and friends this season with a hand-crafted gift by The Mazza Company – reminiscent of Sanibel Island. Champagne and hors d'oeuvre will be served at the show, too.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel. Call 472-2888 for more information.*




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Presentation

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I always tried to be a kind caring person. I helped my neighbors when they were sick, gave to the poor and worked in my church. I tried to teach my children to be kind caring individuals, and I thought I had a good marriage – but not so.

My husband divorced me and my children are too busy with their own careers to help me out when I need assistance.

I am now in my late sixties with chronic health problems, lonely and on my own. The people I helped are now scattered and I am not bad enough to receive government help, but I am very disappointed in who I thought were my friends.

I didn't help other people expecting something in return, but I am very surprised at what has happened to me. Does this happen to other people?

Lucille

Dear Lucille,

Late life can be very difficult. I am very sorry. I heard a woman in a similar situation say, "Well, I guess I need to bloom where I am planted." Difficult, but good advice.

There are different types of living environments popping up today to assist people with activities of daily living such as transportation and cooking. These different living situations also provide social activities and companionship. If it is assisted living, income-based independent living for seniors or a group home, it sounds like you would benefit from finding what options are available in your area.

Start by calling your local Human Services Department – Adult Services, explain your situation and ask for leads.

If you are not ready to leave your home, there are senior centers and church-sponsored activities that could help as well.

I know your situation is difficult and it is not going to be easy but you can, with effort, bloom where you are planted.

Pryce

Dear Lucille,

Eleanor Roosevelt used to say, "Make all the friends you can so that they can help you when you need it."

Unfortunately, this isn't necessarily the case now. Friends scatter and when you need help they are nowhere to be found.

Pryce has given you some places to start.

To answer your question, yes it does happen to other people. Life isn't always fair.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✉

From page 17B

Doing It Right The First Time

This will enable your decorator to find the custom products that best suit your needs.

- Finally, let your decorator know at the beginning of your project if you have certain items that you want to keep and work around or have any other special requests.

Considering these basic guidelines will allow your decorator to work with you to design a project with your wishes, your lifestyle and your budget in mind, saving you from costly errors and resulting in a room you and your family will enjoy for years to come.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.✉

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Doctor and Dietitian

Suffering From Foot Problems?



by Ross Hauser, MD
and Marion Hauser, MS, RD

As we age, problems with the feet become more common. One familiar problem is flat feet, which means the foot is pronating (rotating) too much. As the foot pronates excessively, a plantar fasciitis or even a heel spur can occur. To prevent these injuries from transpiring, proper footwear is important to support the arch through correct orthotics. Proper stretching of the muscles of the lower leg is also helpful.

Plantar fasciitis generally comes on gradually and presents itself as discomfort noticed at the front of the heel or arch when one first gets out of bed in the morning. Pain exacerbates significantly with any increase in activity. When an individual is off of his or her feet for any period of time, the injured fascia begins

to feel better. Unfortunately, the healing bond is quite weak, so when walking or exercising without arch support is resumed, the plantar fascia begins to tear. The injury to the fascia results in pain at the area where the plantar fascia attaches to the heel bone, and may also cause the formation of a bone spur. Bone spurs occur due to weakened and injured tissue—generally ligaments.

Correction of foot pain problems may involve evaluation of the gait in order to determine if there are other factors that may be perpetuating this problem, such as other ligament weakness, skeletal malalignments or muscular imbalances. Use of an arch support helps to prevent the plantar fasciitis from recurring, but once plantar fasciitis occurs, we recommend prolotherapy, a strengthening and regenerative treatment, of the plantar fascia to eliminate the pain and to strengthen the healing bond.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.✉

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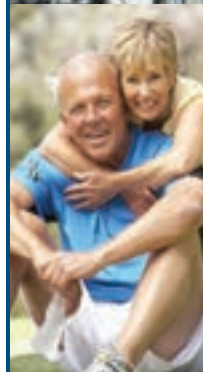
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The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

dearRPharmacist

How Magnesium Helps Irritability, Attention Span



by Suzy Cohen, RPh

Dear Pharmacist:

A teacher emailed me and said she couldn't wait for her classroom to be dismissed because of the inattention, disrespect and general hyperactive behavior with a student. Her

student threw all his books on the floor, after ripping two pages out and then mumbled something incomprehensible as he ran out. He's only 7! She said he is not the only one, it is fairly routine. The days of *Leave It To Beaver* behavior are long gone.

Sometimes, behavior problems escalate and are far more problematic than this. Chronic problems with ADD or ADHD can coincide with temper tantrums, bullying, defiance and vandalism! How many adults in your life behave like this. Is it just personality, or do you think it is due to the scrambled up brain waves from playing on devices and looking at screens all day? How much contribution comes from your gene SNPS, discipline

methods and nutritional status?

Because my focus is on health and medicine, I'll tell you that inadequate magnesium could be a missing piece. It's something you can evaluate with an RBC blood test, and thus control. People need magnesium to curb depression, to keep their heart beating in rhythm and relieve anxiety.

Magnesium works as natural sedative and helps the brain calm down from stress and stimulation. It's a natural "chill pill." Specifically, it binds onto glutamate, an excitatory neurotransmitter and a receptor site called "NMDA" in the brain. When there is too much glutamate in the brain, then the brain functions in "excitatory" mode. Think of an angry swarm of bees in a disturbed clover field. Agitation, irritability, poor self control, reduced attention span, hyperactivity, and a hair-trigger temper occur with low 'mag.'

Can supplements change an individual's disposition? Well, it won't take someone from moody to happy-go-lucky, but because it functions in 300-plus metabolic pathways, it's utilized in trillions of cells. Magnesium is needed to neutralize homocysteine and carry it through the GSS gene, making your antioxidant glutathione. Magnesium is a co-factor for your COMT gene, which prevents the build up of norepinephrine, which would otherwise leave you feeling stressed out.

Scientists studied a group of Australian teenagers who had various problems, among them: Acting out, bullying, agitation, hyperactivity, trouble concentrating,

ADD/ADHD, depression and/or anxiety. The teenagers who had reduced levels of mag had the most behavior concerns and they performed the worst. When they increased their magnesium intake, then the behaviors improved... a lot!

The Standard American Diet (so SAD) lacks brain-loving minerals, and so does all that Halloween candy. Even table salt is stripped of minerals. School lunches don't typically offer salad bars. If you drink coffee, the chlorogenic acid will reduce systemic magnesium. Chronic Lyme or other pathogens can reduce magnesium, too. With nearly four out of five individuals lacking in magnesium, it is no wonder why there are so many people

struggling with focus, energy, mood and behavioral concerns.

The best sources of magnesium include organic non-GMO fruits and veggies especially dark green leafy vegetables and spinach. Oatmeal, chocolate and pumpkin seeds are high. Supplementation is okay, too – just avoid the "oxide" or "citrate" forms as they have a higher propensity to cause diarrhea.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Senior Health Fair And Open House

Lee Memorial Health System's SHARE Club is hosting a Senior Health Fair and Open House on Thursday, November 12 from 9 a.m. to noon at the Wa-Ke Hatchee Recreation Center, located at 16760 Bass Road in Fort Myers.

Participants will receive the following free health screenings:

- Vein screening
- Skin cancer screening
- Balance screening
- Functional movement screening
- Blood pressure checks

- Pulse oximetry
- Glucose screening

Resources and health care professionals will be available to discuss: weight management, diabetes, Lifeline (emergency response unit), sleep concerns, asthma and chronic obstructive pulmonary disease (COPD), physical therapy, injury prevention, volunteer opportunities and bloodmobile.

Also, SHARE Club staff will answer questions on the activities and programs offered such as tai chi, senior exercise, arts and crafts class, card games, movie days and other opportunities to get engaged and meet new people.

No reservations are required. For more information, call SHARE Club at 424-3765.✱

September Airport Traffic

During the month of September, 404,045 passengers traveled through Southwest Florida International Airport, an increase of 10.4 percent compared to September 2014. Year-to-date, passenger traffic is up 4.1 percent from the same period last year.

The traffic leader in September was Delta with 91,912 passengers traveling to and from Fort Myers. Rounding out the

top five airlines were Southwest (79,932), JetBlue (56,066), US Airways (39,663) and American (29,062).

Southwest Florida International Airport had 3,861 aircraft movements (takeoffs and landings), a decrease of 1 percent compared to September 2014. Page Field saw 6,024 movements, a 0.1 percent increase from September 2014. In addition, nearly 2.7 million pounds of air freight moved through Southwest Florida International Airport in September 2015, an increase of 15 percent compared to September 2014.

For more information, visit www.flylcpa.com.✱

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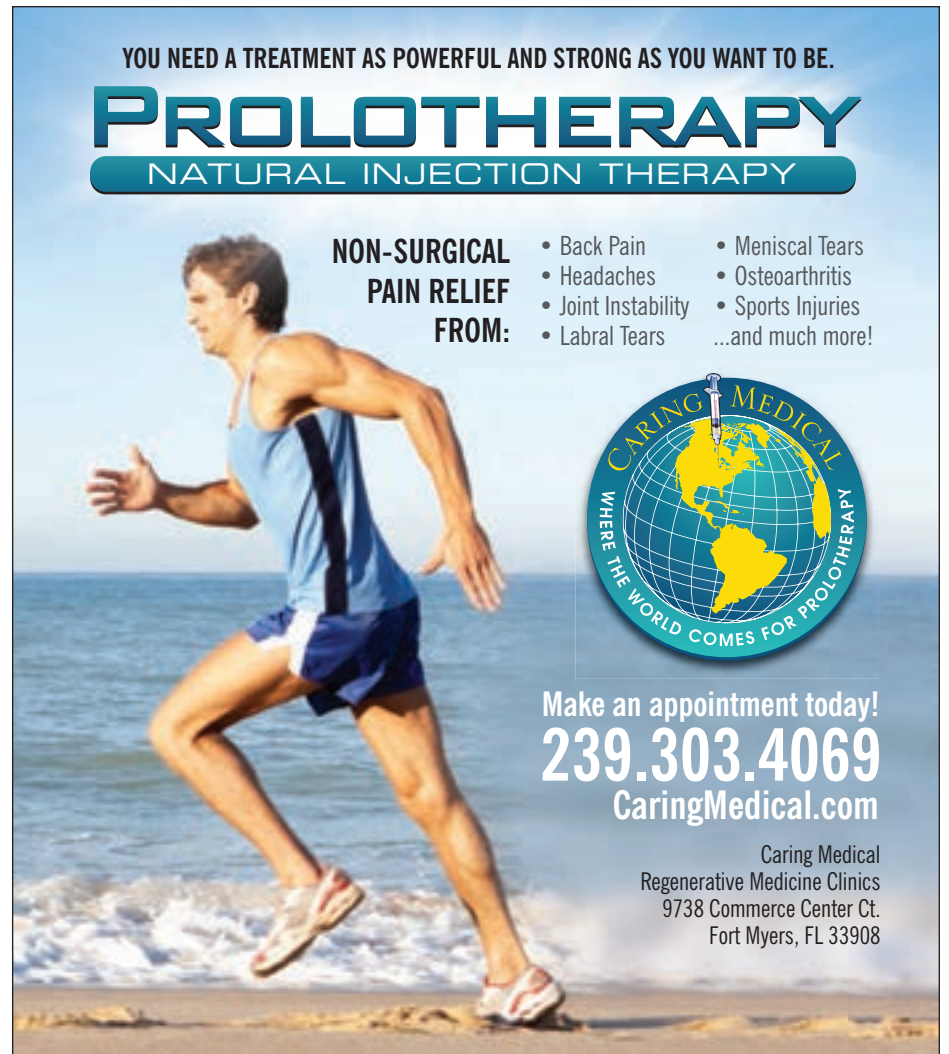
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FOR WEEK OF NOVEMBER 2, 2015

ARIES (March 21 to April 19) Deciding to work out that pesky problem (even though you might have been bored, bored, bored with it) should be paying off right about now. Expect to hear some very welcome news very soon.

TAURUS (April 20 to May 20) Unexpected news might cause you to rethink a previous conclusion. Don't be bullheaded and try to bluff it out. Make the needed change, and then take a bow for your objectivity.

GEMINI (May 21 to June 20) Money matters should be considered as you continue to work out your holiday plans. This is a good time to scout out discounts before demand for them outstrips their availability.

CANCER (June 21 to July 22) A calm period early in the week helps you complete most, if not all, of your unfinished tasks. A new project appears by midweek, and this one could carry some big career potential.

LEO (July 23 to August 22) Positive results from recent ventures continue to pump up those self-esteem levels, making you Fabulous Felines feel you can tackle any challenge anyone wants to throw at you.

VIRGO (August 23 to September 22) Family and friends might feel neglected because of your almost total focus on a project. Try to rework your schedule so you can have time for both your loved ones and your work.

LIBRA (September 23 to October 22) Don't be surprised if you suddenly hear from someone from your past who wants to contact you about the possibility of renewing a long-dormant (if not dead) relationship.

SCORPIO (October 23 to November 21) This is a good time to check over what went right and what went wrong with recent efforts. This can provide valuable lessons for projects that will be coming up soon.

SAGITTARIUS (November 22 to December 21) Dealing with people who feel they're always right about everything might be a problem for some. But the savvy Archer should be able to deflate their over-size egos.

CAPRICORN (December 22 to January 19) This week favors a balance between the demands of your work and your need for fun timeouts. Taking breaks helps restore and keep your energy levels high.

AQUARIUS (January 20 to February 18) There could be an occasional setback in what you're working on. But look at them as lessons on how to do better as you move along. More supporters turn up to cheer you on.

PISCES (February 19 to March 20) Although a more positive aspect influences this week's course, you still need to be sure that those who will work with you have no reason to work against you. Good luck.

BORN THIS WEEK: You believe in keeping your promises. It's not always easy to do, but somehow you do it.

THIS WEEK IN HISTORY

- On Nov. 5, 1775, Gen. George Washington condemns his troops' planned celebration of the British anti-Catholic holiday, Guy Fawkes Night. Guy Fawkes had been charged with placing gunpowder under the Houses of Parliament to trigger a deadly explosion that would have killed King James I.

- On Nov. 6, 1854, "the March king," John Philip Sousa, is born. The instantly

recognizable sound of Sousa's timeless pieces -- such as "Stars And Stripes Forever" (1896) -- are well-known to many Americans, even if they don't know the names of the pieces.

- On Nov. 4, 1928, Arnold Rothstein, New York's most notorious gambler, is shot and killed during a poker game in Manhattan. When policed asked the bleeding Rothstein who had shot him, he reportedly put his finger to his lips, keeping the gangsters' code of silence.

- On Nov. 7, 1943, singer-songwriter Joni Mitchell is born in Canada. A bout with polio as a child had left Mitchell unable to form guitar chords with her left hand, so she experimented with non-standard tunings that would become part of her signature sound.

- On Nov. 3, 1957, the Soviet Union launches the first animal into space -- a dog name Laika -- aboard the Sputnik 2 spacecraft. Laika survived for several days, kept alive by a sophisticated life-support system. She died after the batteries ran down.

- On Nov. 2, 1960, a landmark obscenity case over "Lady Chatterley's Lover," by D.H. Lawrence, ends in the acquittal of Penguin Books. The publisher had been sued for obscenity in publishing an unexpurgated version of Lawrence's 1928 novel.

- On Nov. 8, 1994, for the first time in 40 years, the Republican Party wins control of both the U.S. House of Representatives and the Senate. The empowered GOP united under the "Contract with America," a 10-point legislative plan to reduce federal taxes, balance the budget and dismantle social welfare programs.

STRANGE BUT TRUE

- It was noted 20th-century American poet Hart Crane who made the following

sage observation: "One must be drenched in words, literally soaked in them, to have the right ones form themselves into the proper patterns at the right moment."

- You might be surprised to learn that people have been using carbon paper to make copies since way back in 1806.

- You probably know Edgar Rice Burroughs as the American author of the Tarzan novels, among many other adventure and science-fiction works. You may find it hard to picture him as a journalist flying on bombing runs in the Pacific theater -- especially at the age of 66. Burroughs was the oldest war correspondent of World War II.

- If you're planning to get into the business of dealing in building materials in Tennessee, you might want to note that in that state it is illegal to sell a hollow log.

- Collective nouns are fascinating. For instance, if you see a group of bullfinches, you can call it a bellowing; a group of flies is a business, a cloud or a swarm. You have a pitying of turtledoves and a hover of trout. A group of tigers can be an ambush or a streak; while a group of snails can be called a rout, a walk or an escargatoire.

- Those who study such things say that, on a per-capita basis, Canadians eat more doughnuts and more Kraft Mac and Cheese than citizens of any other country.

- Before he became famous as an author of horror, suspense and sci-fi, Stephen King worked as a high-school janitor.

THOUGHT FOR THE DAY

"Be not too hasty to trust or admire the teachers of morality; they discourse like angels but they live like men." -- Samuel Johnson

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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bay Woods	Bonita Springs	2015	4,242	\$3,220,410	\$3,100,000	15
Twin Palm Estates	Fort Myers	1930	3,618	\$2,450,000	\$2,050,000	253
Riverside	Fort Myers	1951	3,901	\$1,625,000	\$1,505,000	148
Villa Pines	Fort Myers	1988	5,469	\$1,495,000	\$1,550,000	22
West Rocks	Sanibel	1988	2,172	\$1,079,000	\$1,000,000	2
Montelago	Miromar Lakes	2004	3,074	\$975,000	\$942,500	20
Harbour Cottages	Sanibel	1980	1,493	\$899,000	\$850,000	24
Wildcat Run	Estero	2007	3,945	\$850,000	\$775,000	45
Woodmont	Bonita Springs	2005	2,579	\$769,000	\$725,000	9
Cypress Cove	Estero	2002	3,021	\$769,000	\$735,000	134

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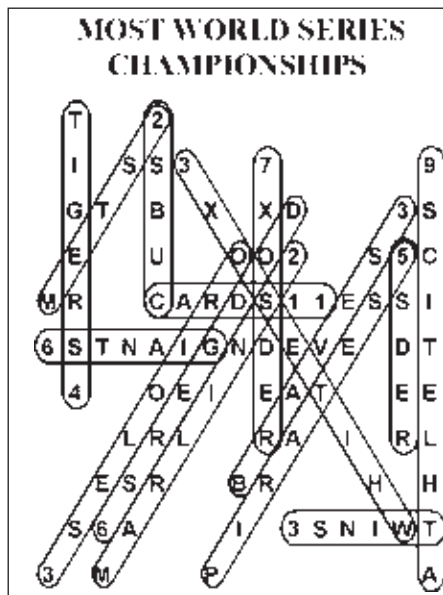
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Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882
*RS 3/13 CC TFN

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Indoor/Outdoor, Insured/Professional upbeat & trustworthy!
Call Jessy for an honest Estimate.
239.994.9286
*NS 9/18 CC 11/20

VOLUNTEERS NEEDED
The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.
*NS 7/11 NC TFN

JERRY'S FOODS WAITRESSES OR WAITERS
Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.
*NS 5/29 CC TFN

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Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

HELP WANTED
Live on the Island and looking for PT work 1-2 days per week. Flexible schedule. Call 472-4886.
*NS 9/4 BM TFN



★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

FULL TIME NATURE STORE MANAGER

Responsible for all aspects of retail store operation. Ordering merchandise, receiving and stocking. Knowledge of POS system. Hands on position working with volunteers and part time staff person.

Salary commensurate with experience, great benefits. Email resume to: director@dingdarlingsociety.org.

*NS 10/30 CC 10/30

FOR SALE

POWER WHEELCHAIR



Great deal on top of the line scooter with extras, well maintained, and in very good condition. \$1,200. Call 239-770-4074

*NS 10/30 CC 10/30

LOCKER ROOM ATTENDANT

The Sanctuary Golf Club is looking for a part time Locker Room Attendant to join the team. The usual schedule for this position will be 2 days a week (Sunday and Monday for 15 to 20 hours). This is a seasonal position that will begin in October. "Great benefits including golfing privileges and membership to Sanibel Rec Center!"

If interested, please contact Michelle Cote at 239-472-6624.

*NS 10/30 CC 10/30

FURNITURE FOR SALE

Henredon Sofa & 2 Barrel Chairs, Lane King Hdbd & 2 Night Tables. Excellent condition. Large Rugs, Lamps, Washing Machine & lots more!!! Sanctuary Home. Call or text 214-558-7721

*NS 10/30 CC 10/30

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800

*RS 1/4 NC TFN

VEHICLES FOR SALE

1977 CHEVROLET CORVETTE

26,500 miles, White T-top with red leather interior, Automatic, one owner. Excellent condition. L48, 350CID, 180 horsepower, 4 barrel. Call 239-472-9510. SERIOUS INQUIRIES ONLY.

*NS 10/23 CC 10/30

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500

*NS 7/17 BM TFN

FURNITURE SALE



Selling barely used Entertainment Center, 54", Inlaid Dining Table & 6 Chairs, King Bed Set & 2 Night Stands, Coffee Table
Location - Sanibel
Priced to SELL
Call or text 605-206-0146 for further description

*NS 10/23 NC TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with The Riverside Band, playing classic rock and dance. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance. The annual Halloween Costume Contest will be held on Saturday, October 31. Prizes will be awarded.

The Crow's Nest Beach Bar & Grille at Tween Waters Inn on Captiva has live entertainment with the Bret Forman Show on Friday, Saturday. Crab shows are on Mondays and Thursdays. The Hallo'Tween Costume Party is on Saturday, October 31, with cash prizes for best costumes.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✱

Pets Of The Week



Ladie ID# 567023



Bella ID# 641873

Hello, my name is Ladie. I'm a 3-year-old spayed female Florida Curr. Many people choose a dog based on looks, affection level and playfulness. You won't find a more unique looking dog than me. I've got one blue eye and a pumpkin and white coat. If you are looking for a girly-girl, I look very pretty in pink. I'm always happy to see people and enjoy the company of other dogs in playgroups.

My adoption fee is \$30 (regularly \$75) during Animal Services' Dogtober adoption promotion.

Hello, my name is Bella. I'm a 7-month-old spayed female domestic short hair. Bella means beautiful in Italian. It also describes how and I look and my beautiful personality. Adopt me and see how beautiful like can be!

My adoption fee is \$10 (regularly \$75) during Animal Services' Dogtober adoption promotion. Cats and kittens are also two-for-one adoption fee.


For information about this week's pets, call

533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



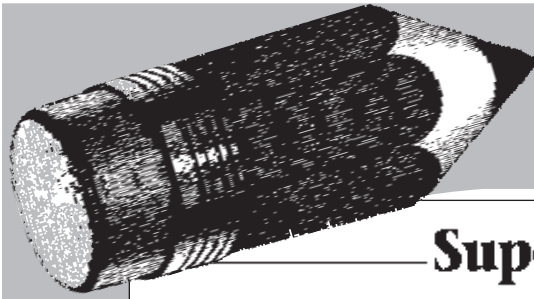
NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:

press@islandsunnews.com



BEACH CHAIR PASTIME

answers on page 27B

Super Crossword

SCRAMBLING
SPORTS TEAMS

ACROSS

- 1 Mascara messes
7 Cover girl Cheryl
12 100%
20 React to with loud laughter
21 Exasperate
22 Stirring to action
23 Northern Spanish city
24 Puerto (San Juan native)
25 Omaha locale
26 Football team whose members wear stiff bracelets?
29 Graceful shade tree
30 Saloon cask
31 Biz bigwigs
32 "Fra c'trot"
33 A triad
35 "M*A*S*H" actor
36 Baseball team whose members love barbecues?
40 Authorized
43 Spill-fighting go.
45 Tryouts
46 Lab medium

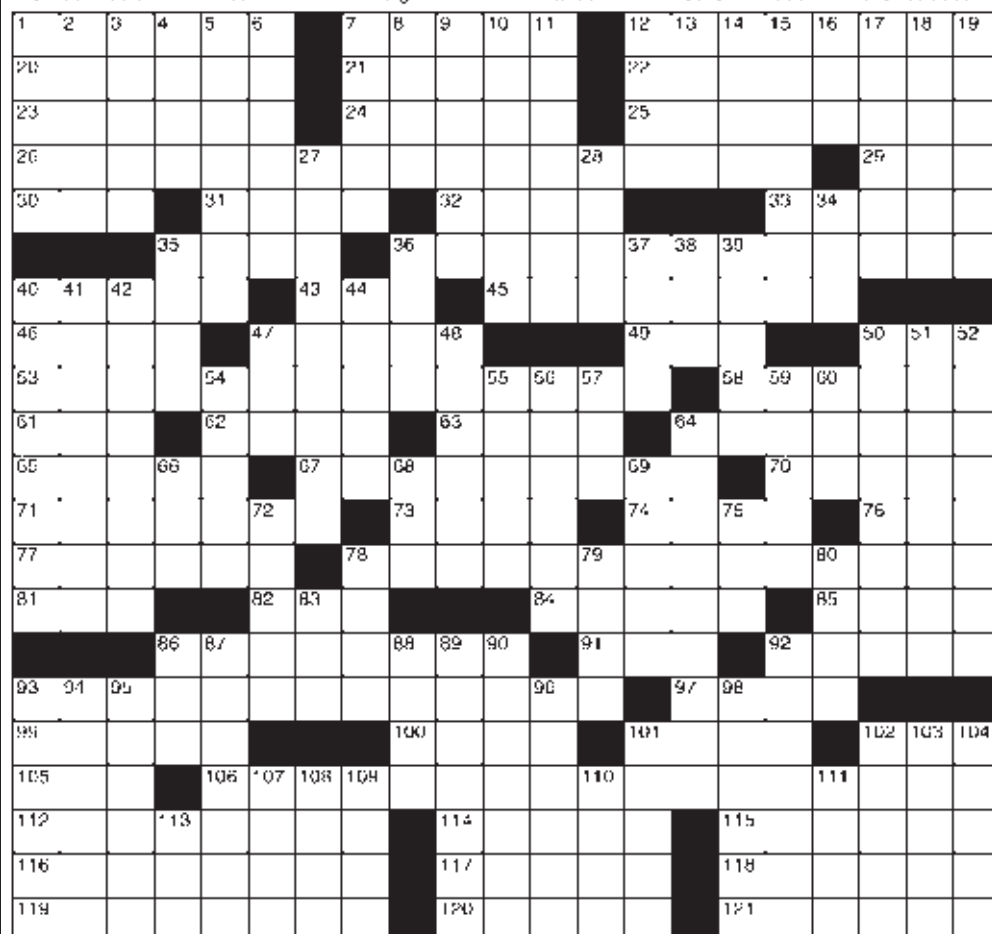
- 47 Nonessential — acids
49 Bond novelist Fleming
50 Eggs in a lab
53 Basketball team whose members have pet macaws?
58 Country music's Tritt
61 British music co.
62 Rani's dress
63 Yearn (for)
64 Loan sharks
65 Loathsome
67 Long ribbons
70 Strong suit fabric
71 Augment
73 Kind of sax
74 Affirmative votes
76 "— boom bah!"
77 Stuff in sand or quartz
78 Football team whose members collect perfume bottles?
81 Verbalize
82 La —
84 Off-drunk treat

- 85 Hedgepodge
86 Suspenseful sleuth story
91 Popular fashion hits
92 Storm finding system
93 Basketball team whose members are always summarizing things?
97 "Jurassic Park" dir.
99 Healer
100 Long winner
101 Fit to be
102 Manipulated
105 Long, long —
106 Baseball team whose members attend lots of bashes?
112 2010 World Series MVP
114 Milk
115 Des — (Iowa's capital)
116 Infallible
117 Tra n base
118 Free oneself
119 Italizes, e.g.

- 120 A-, C+, or F
121 Cease and
DOWN
1 Jamming blow
2 Film
3 Hoops great Patrick
4 Baldwin with two Emmys
5 Extreme
6 Fruit-pitting device
7 "— Theme" ("Gone With the Wind" tune)
8 — for the long run
9 Los Angeles district
10 Be busy with
11 Neural gap
12 Orange drink
13 City SSW of Moscow
14 Not meant
15 Writer Zora Neale —
16 Spanish "that"
17 Slingy ones
18 Short sock
19 Annual event run by ESPN
27 An absence of regret
28 Keeps after taxes

- 34 Is sick with
35 Casino game
36 Mandi kova of tennis
37 Elevator name
38 Gun owners' org.
39 Shrimps
40 Un punctuality
41 Narcissism
42 In a gaudy manner
44 Larklike bird
47 "It comes — price"
48 Creator of Big Brother
50 Spoke too highly of
51 Richmond locale
52 Property appraisal pro
54 Lance Bass' boy band
55 Rodco lasso
56 Donny or Mane
57 Part of B1W
59 Baseball's Tony La —
60 "People — talking"
64 Valuable hint
66 Mai —
68 Sum rodent

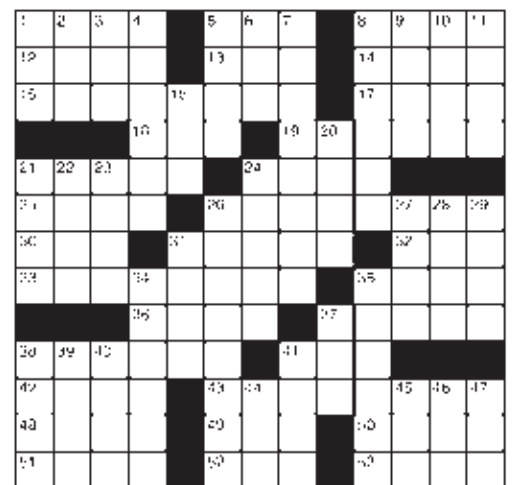
- 69 "— Hope" (bygone soap opera)
72 Dinner bowl
75 Flight stat
78 Côte d' name
79 -R-Us
80 Soft-soap
83 Toothpaste box initials
86 Golfer Michelle
87 — Bazaar (magazine)
88 Birds' bills
89 Arctic chunk
90 Set up in rows and columns
92 Suitor's lower
93 Flying son of Daedalus
94 Ted of rock
95 One buzzing
96 Old Ian
98 Juiced
101 — things happen
102 Peninsula of the Midwest
103 Little corps
104 Advantage
107 Spring boom
108 Fork feature
109 Makes "it"
110 Adorn richly
111 Quirky habits
113 Uno, due, —



King Crossword

ACROSS

- 1 Standard
5 Anatomical egg holder
8 Wow!
12 Do as you're told
13 Man-mouse link
14 Thought
15 Mess
17 Soccer score
18 Pod dweller
19 Wine city north of Lisbon
21 Lukewarm
24 Two-way
25 Ear-related
26 Find
30 Summer mo.
31 Doctrine
32 Historic time
33 One who takes your gun
35 Harness part
36 Out of play
37 Founded (on)
38 Getse-mane, e.g.
41 Coffee vessel
42 Ell ptical
43 Catastrophe
48 Clinton's veep



- 49 Before
50 Uncious
51 Unpaid
52 Old man
53 Same (Fr.)
DOWN
1 Affirmative action?
2 Sapporo sash
3 In medias —
4 Nearsighted
5 Pop
6 Exist
7 Live-it-up type
8 Paid escort
9 Smel
10 Membership
11 Head light?
16 Scarlet
20 Treaty
21 Frog's cousin
22 Needle holder
23 Swine
24 Ate in style
26 Insisted on
27 Fight format ons
28 Great Lake
29 McNally's partner
31 46-Down, e.g.
34 Confused
35 Captor's cash
37 Lingerie item
38 — boots
39 Acknowledged
40 Exceptional
41 Secondhand
44 Playwright
45 Cravat
46 Shade source
47 "Catcher in the —"

MAGIC MAZE • MOST WORLD SERIES CHAMPIONSHIPS

X T M J 2 G D A X V S Y Q N K
I I F S S 3 D A 7 X V A T Q 9
O G T M B J X H X D F N C 3 S
A E Y W U U R O O 2 P K S 5 C
M R N L C A R D S I E S S I
6 S T N A I G N D E V E J D T
H 4 F D O E I B E A T S Z E E
X V T L R L R Q R A O I M R L
K I E S R H F B R D B Z H Y H
W S 6 A V T R I O 3 S N I W T
3 O M N L K P I H F D C A Z A

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally. Unlisted clue hint: The Most Championships with 27

Athletics 9	Dodgers 6	Orioles 3	Tigers 4
Braves 3	Giants 6	Pirates 5	Twins 3
Cards 11	Marlins 2	Red Sox 7	White Sox 3
Cubs 2	Mets 2	Reds 5	

DOC FORD'S

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